



JAY AND NANCY DAHL and Jolene Hanson (right) made music during the Red Barn Gang's monthly practice in Rexford. — Herald photo by Gwen Griffiths

Rexford News

By Gwen Griffiths

I've been reminded recently why I like living in small towns so much. I grew up in a town of around 1,000 people and have since lived in a variety of towns, both small and large. There are times that I miss the convenience of the larger towns, but the friendliness and character of smaller towns cannot be matched. This week I did remember to stop by the Red Barn and managed to catch the Red Barn Gang at play. I had never seen many of the instruments they used and especially

enjoyed a kazoo number. The music reminded me of the tunes my grandpa used to play on our piano when he came to visit.

Our family attended the boys' basketball game on Friday night and enjoyed both games. It's neat to see a community cheering for their players and being good sports no matter what the outcome.

This weekend Shepherd's Staff will hold the Christian Workers Conference at Heartland Christian School in Colby. It's not too late

to register for this Saturday event! The cost is only \$45, which covers lunch and a full day of training and resources. Call (687) 2565 if you would like to attend.

And that's the news from Rexford. Don't forget to send me your news — or reasons why you enjoy living in a small town. You can call 687-2076, email griffithsgang@gmail.com or just leave a note in the jar by the door at the Red Barn. I'll be waiting to hear from you.

Jennings News

By Louise Cressler

A 90th birthday celebration for Violet Foster will be held at 10 a.m., Sunday, March 4, at the Jennings United Methodist Church. Everyone is welcome to help Violet celebrate.

Wayne and Louise Cressler enjoyed having their two granddaughters, Megan Faris and Jessica Lemmon and two great-grandchildren, Josie and Gabe Lemmon from Manhattan visit from Thursday until Sunday.

Ruth Chance hosted the Jennings Book Club at her home on Thursday.

Ruth's cute dog, Shaker, greeted each guest and then napped during the discussion of the book, "The Whistling Season" by Ivan Doig.

Mrs. Chance served fruit and homemade cookies to club members. Attending were: Lynn Tacha, Joan Metz, Shelley McKenna, Lila Jennings, Terri Hanke, Patty Foster, Kay Brown, Violet Foster, Pat Hall, Kathy Nauer and Sue Long.

"Like Water for Chocolate" by Laura Esquirel will be read for March. Lynn Tacha and Joan Metz will be hostesses.

A potluck dinner will be held at noon, Tuesday, March 13, at the Sunflower Senior Center. Bingo will be played after the meal. Please bring a bingo prize and join us.

The city appreciates the men from Norton Correctional Facility who came to Jennings on Thursday and Friday to clean the curbs. Dean Robinson, city employee, drove the tractor to haul away debris and dirt.

Herndon News

By Julie Hafner

Nadine Green hosted the February breakfast for the Casserole Chicks' monthly brunch. Those attending were Rita Marintzer, Jennifer Davis, Peach Beims, Cindy Sattler, Deb Portschy, Destiny Schroeder, Jacque Leitner and guests, Connie Reitchcheck, Jeanne and Brittany Tuma and Emmie Green. Nadine served a breakfast enchilada, sausage and egg casserole, poppy seed bread and cherry slices, spiced tea, coffee and punch. The March brunch will be hosted by Rita Marintzer at her home.

Sympathy is extended to the family of Wilma Kleidosty Bobinmyer who died Saturday evening, Feb. 25, 2012, at Cedar Living Center in Oberlin. Wilma was born to Michael and Carrie Sattler Kleidosty in Herndon in 1922.

She would have celebrated her 90 birthday March 23, 2012. Services will be held at 2 p.m. on at Pauls Funeral Home in Oberlin with Rosary being led by the St. Mary's Christian Mothers at 1 p.m. Burial will be at St. Mary's Cemetery in Herndon following the services.

St. Mary's parish volunteers were a busy bunch Saturday morning. The church interior was recently painted where cracking and peeling had taken place. The lower window walls were restored so many hands were needed.

Some worked at feather dusting the Statues and Stations of the Cross on tall ladders while others dusted pews, window sills and the choir loft.

The group vacuumed the main body of the church and scrubbed the floors and paid attention to other details that had to be taken care of. Cleaning Our Lord's house was a nice beginning of Lent. Richard and Theresa Rippe spent Sunday in Hays visiting with Rodney Rippe, Katelyn Clark and Brenda and Aaron Schilde and Addison.

In the evening they shared supper and birthday cake with Kevin and Megan Rippe and girls at their home, helping them and friends celebrate Kimberly Rose's first birthday. The Herndon Seniors recently

met for their monthly dinner meeting. Darlene Cole won the door prize and Sharon Frick won the blackout. Those interested in renting the Herndon Senior Center are to call Sharon Frick at 322-5375.

The United Church of Christ pancake breakfast, held at the senior center, was a huge success on Sunday. Area residents are always happy to support this annual event while enjoying the pancakes with homemade syrup, sausage patties, scrambled eggs and pies.

Lewis and Sue Stoney and Roseanna Stoney traveled to Rexford Saturday afternoon to celebrate the second birthday of Austin Miller, son of Tony and Beth Miller. Other family members joined in singing happy birthday to Austin and having birthday cake.

Alan and Ann Solko attended the Northwest Kansas Regional Wrestling Tournament at Lakin. Their son, John, placed second in the 113-pound weight class which qualified him for the state tournament in Hays. His teammate, Macrae Migchelbrink, also placed second and competed at Hays.

Pat Skolout accompanied Jan Sattler to Scott City on Feb. 18 for the Special Olympics opening and events before the Northwest Winds players travel to Hays in March. Pat visited her sister, Donna Long, and Jan visited her son, Dan, who helps with this event and the games in Hays each year. Jayme Sattler accompanied them home.

Julie's Memory Joggers The Citizen Patriot

Oct. 14, 1976

Herndon is a good place to live — a great place to hatch chickens!

In 1916 my parents, Mr. and Mrs. J. 'Pete' Buk moved here to start a poultry farm. In 1948 I took over the farm and in 1949 I opened the Hatchery with an 11,000-egg incubator. In 1976 we have a 64,000-egg incubator and 200,000 chicks are hatched each year and shipped all over Kansas, Nebraska and Colorado and to international markets.

Frank Buk, Beaver Valley Hatchery, Herndon, Kansas.

It's time to walk across state

Walk Kansas registration packets are now at your local K-State Research and Extension Office. Go by the office to pick up your registration packet, or call the office and ask to have a packet sent to you.

All you need are five friends and yourself to form a team to participate this year. Team registrations are due back to the local office by Friday, March 16. Plan now to join us for some health fun. You may be asking, "Why should I get involved?" Here's why.

Walk Kansas is a team-based program that will help you and others lead a healthier life. Join this program and

- Be more active with friends and family,
- Make better nutrition choices, and
- Walk away your stress.

Walk Kansas offers participants more than a way to exercise. It can be the beginning of a healthy lifestyle.

Many work sites have adopted Walk Kansas as one of their work



Home Time

By Tranda Watts
Regional Extension Agent

site wellness programs. It seems to be a good way to help improve the general health of company employees. If you are in a work place large enough to form a team of six, why not challenge your friends to participate in Walk Kansas too?

Here is one testimonial from a team member in 2011 which encourages friendly competition.

It was motivating in our workplace to come together toward a common goal of making ourselves healthier! I appreciate the opportunity to add ways to our jobs to incorporate physical fitness and health as there is a direct impact on performance and productivity!

There is a nominal fee for participation and Walk Kansas t-shirts may be purchased if desired.

Walk Kansas is based on the 2008 Physical Activity Guidelines for Americans. The name of the program implies walking but many forms of physical activity count toward Walk Kansas miles.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785) 443-3663 or e-mail trawatts@ksu.edu. For information, contact the Decatur County office of Twin Creeks Extension, 475-8121.

Selden News

By Jacque Boultinghouse

Brainard.

On Thursday during Senior Citizens at the Community Center, Shirley Emigh won high, Pat Wessel took second, Edna Schiltz got low and Betty James had the most Kings. Other members present included; Jeanie Spresser, Paulie Neff, Lillian Sulzman, Ralph Weis, Royce Cook, Lola Cook, Carl Mumm,

Matt Finnesy, Bernita Aumiller, Ann Hazlitt, Gail Mumm, Helen Karls, Rowena Carpenter and Mary Adelman.

Pinochle Night will be 7 p.m., on Friday, March 17, at the Community Center. \$10 per person so bring a partner and some snacks and we will see you then.

Rawlins Clinic in Atwood

Rodney Dill, MD
Charles Zerr, MD
Dana Jewell, PA-C
Michael Dorsch, PA



Monday-Friday
9:00 a.m. - 5:00 p.m.
Saturday 9:00 a.m. - Noon

707 Grand Street
Atwood, KS 67730
(785) 626-3241

Trust in the Lord

By Pastor Brad Rick, St. John's Lutheran Church

The Old Testament lesson appointed for the First Sunday in Lent is Genesis 22:1-18. This is where Father Abraham has his faith put to the test, and asked to sacrifice his son, Isaac. This is to show that Abraham fears, loves and trusts in God above all other things.

Father Abraham knew, by faith, the words and promises of God about the Messiah "... and in your offspring shall the nations of the world be blessed." (Gen. 22:18) By faith, Father Abraham knows that the Savior must come through him and his son, Isaac. So, Father Abraham also knows that if Isaac were to be put to death, that he would also be resurrected and brought back to life. This must happen in order for the words and promise of God to be fulfilled.

So, Father Abraham, by faith, tells his servants, "I and the boy will go over there and worship and then return to you." (Gen. 22:5) Also, when son Isaac

asks, "Father, I see the fire and the wood, but where is the Lamb for the burnt offering?" Father Abraham replies, "The Lord will provide for Himself a lamb for a burnt offering." (Gen. 22:7-8)

As things turn out, Father Abraham passes the test of faith without having to sacrifice his son, Isaac. An Angel of the Lord, whom many Bible scholars believe is Jesus, says to Father Abraham, "Do not lay a hand on the boy... now I know that you fear God." (Gen. 22:12) A ram is caught in a thicket and is sacrificed in place of Isaac. So, Father Abraham names the place, "The Lord will provide." (Gen. 22:14)

Our Lord always provides. He who provides the test of faith, also provides what is needed to pass the test — faith and trust in Him and His words and promise. St. Paul goes on to tell us, "He who did not spare his Son, how will He not also provide for us all things?" (Rom 8: 32)

Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH
785-475-3103
Fr. Mark Berland,
MASS: 10:30 a.m., Sunday

IMMACULATE CONCEPTION CATHOLIC, LEVILLE
Fr. Mark Berland,
MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN
Fr. Mark Berland,
MASS: 5:30 p.m., Saturday

JENNINGS-DRESDEN UNITED METHODIST CHURCH
Pastor: Barbara Patterson
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.

DRESDEN
SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST
The Rev. Linda Willey
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST
Pastor: Dennis Brown
SUNDAY: Morning Worship, 9 a.m.

OBERLIN UNITED METHODIST 102 North Cass — 785-475-3067
The Rev. Linda Willey
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

OBERLIN ASSEMBLY OF GOD
The Rev. Royce Leitner
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

UNITED CHURCH OF OBERLIN
Pastor: Judi Stricker
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)
Pastor: Gene Gee
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,

CLAYTON UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN CHURCH OF CHRIST
South Beaver Street - Oberlin
Bill Duncan — Phone 785-475-3259
SUNDAY: Fellowship and coffee time; 10:00 a.m. The "no sermon" worship hour with the Lord's Supper and Adventures With God, open Bible Study, 10:30 a.m.; TUESDAY: Ladies Bible Study, 9 a.m.

ST. MARY'S CATHOLIC, HERNDON
Fr. Nick Parker
Phone 785-322-5560
MASS: SUNDAY and THURSDAY 8:30 a.m.

HERNDON COVENANT CHURCH
Pastor: Keith Reuther
Phone 785-322-5316
SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.

NORCATUR UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

LYLE UNITED METHODIST
Guest Speakers every Sunday
SUNDAY: Morning Worship 9 a.m.

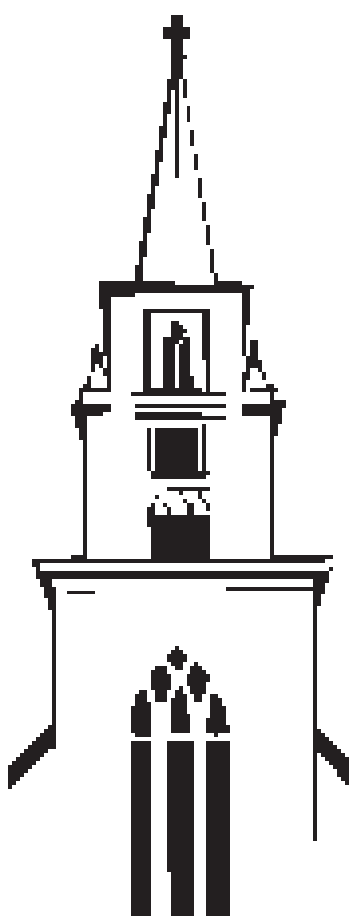
EVANGELICAL COVENANT CHURCH OF OBERLIN
Pastors: Chris and Sharon Nelson
810 West Cedar, Oberlin
Office Phone 785-475-2769
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH
Chairman Brad Marcuson
10 miles south, 4 miles west of Oberlin
SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

ST. JOHN'S LUTHERAN CHURCH
510 North Wilson
Interim Pastor: Brad Rick
SUNDAY: Sunday School and Bible class, 9:45 a.m.; Divine Worship Service, 8:30 a.m.; Holy Communion: 1st and 3rd Sundays..



FAITH LUTHERAN CHURCH
404 North York Avenue
Oberlin, Kansas
The Rev. Charlotte Strecker-Baseler
Church Office Phone: 785-475-2053
SUNDAY: Worship, 10:00 a.m.; Fellowship and Educational Hour, 11:15 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.



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