

Good Samaritan Center

By the Lisa Paulson

For March, the pond has been transformed to display a rainbow with a pot of gold at its end, portraying what we often associate with St. Patrick's Day, but with a twist. A large sign with these words on it "For where your treasure is, there your heart will be also." (Matthew 6:21) draws your attention.

The 180 Boys came to talk about St. Patrick's Day and when asked what they associated with the day, they mentioned party time, luck, leprechauns, green beer and shamrocks. It was an opportunity to tell them the real history of the holiday and the discussion took on a more serious tone.

One young man said, "It wasn't bad luck that brought me to the 180 house; it was God putting me here as part of the plan He has for my life." That was an Amen moment shared with Amy Rehm, Loren Schrock, Dorothy Pryor and Mary Waldo.

The Literary Club is almost finished with "Heaven Is For Real". Amy Rehm, Dorothy Pryor, Violet Schissler, Elden Haas, Marylu Brown and Olive Arnold all came to listen. They capture our minds and

emotions, especially when shared by the enthusiastic little voices of the First Hand Friends who came to read on Tuesday.

Bible Study met to study "Serve one another". The room was lined with residents to hear what God has to say to them through his Word.

The In-House Club baked fresh homemade bread for Social Hour on Friday.

Mary Waldo and Ethel Nemeth both celebrated their birthdays with friends and family this week. Mary's friends came on Friday bearing gifts, laughter and memories of years of friendship. Marian Fraker, Dorothy Avery, Ella Betts, Luetta Young, Joy Votapka, Charlotte Meints and Jody Betts enjoyed the party.

Saturday was Ethel's turn. Friends and family traveled a fair distance to help her celebrate. Helen Brooks, Betty Heisel and Sharon Black were the locals while Vivian and Vicky Heisel and Gena Woodward came all the way from Fort Morgan, Colo.

Recent visitors were: Cheryl Miller for Loren Schrock. Nadine

Tacha (Jennings) and Allen Tacha (Norton) for Galen Tacha. Max Carman for Myrtle Waldo. Mert McEvoy and Ralph and Norma Unger for Lucy Schissler. Jerry Hill for Cheryl Hill. Pastor Bill Duncan and Chris Dean (Atwood) for Donald Gilbert. Reva Marshall, Penny Fringer and Dixie Snyder for Dorothy Hunt. Mert McEvoy for Earl Brown, Eulaine Benda and Arlie Hafer. Marvin and Sharon Slabaugh for Opal Bryan. Murry and Audrey Pavlicek for Mary Lemman. Galen Olson, Arian Arnold and Nione Rhodin (Loveland, Colo.) for Edla Olson. Gerald Benda for Eulaine Benda. Pat Fringer and Reta Barratt for Margaret Vacura. Von Johnson for Crystal Moore. Connie Simonsen for Amy Rehm and Marylu Brown. Marilyn Horn for Myrtle Ross. Betty Hafer (Atwood) and Frank McEvoy for Arlie Hafer. Carol Ginther (Gem) for Donnia Lindgren. Rea and Dee Magers for Marylu Brown and Mary Waldo. Jim and Elizabeth Hanly (Hastings, Neb.), Blake, Reilly and Reid Fahrholk for Eva Bryan.

Join the walk across Kansas

Walk Kansas registration packets are due at your county K-State Research and Extension Office by Friday and the actual walk begins on Sunday. If you haven't already done so, go by the office to pick up your registration packet, or call the office and ask to have a packet sent to you.

All you need are five friends and yourself to form a team to participate this year. Plan now to join us for some healthy fun. You may be asking, "Why should I get involved?" Here's why:

Walk Kansas is a team-based program that will help you and others lead a healthier life. Join this program and

- be more active with friends and family,
- make better nutrition choices, and
- walk away your stress.



Home Time

By Tranda Watts
Regional Extension Agent

Walk Kansas offers participants more than a way to exercise. It can be the beginning of a healthy lifestyle.

Many work sites have adopted Walk Kansas as one of their work site wellness programs. It seems to be a good way to help improve the general health of company employees. Don't forget, older kids (sixth grade and up) are welcome too in the regular Walk Kansas program or in the Kids Cruising Decatur County walking program held at the

same time. Check in at the Extension Office for more details on this program.

There is a nominal fee for participation and Walk Kansas t-shirts may be purchased if desired.

Walk Kansas is based on the 2008 Physical Activity Guidelines for Americans. The name of the program implies walking but many forms of physical activity count toward Walk Kansas miles. For more information about Walk Kansas, contact your county Extension Office.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785) 443-3663 or e-mail twatts@ksu.edu. For information, contact the Decatur County office of Twin Creeks Extension, 475-8121.

Mount Pleasant News

By Dianne Bremer

Roger and Susan May, Ryan and Erin, attended funeral services for Susan's uncle, LeRoy Moos, last Saturday at the Immaculate Conception Catholic Church in Grinnell. Our sympathies to their family.

Ralph and Norma Unger were in Kansas City, Mo., the weekend of March 3 to watch their granddaughter, Rielly Rittmann, compete in the Pink Classic gymnastics meet. She took third on beam, third on floor exercise, fourth on bars and fourth all-around.

Gaylord and Shirley Shields left Feb. 29 for Salisbury, Md., where they visited their son and family, Phil and Karen Shields, Justin and Anna. While there, they enjoyed watching Anna, a high school sophomore, compete in a swim meet in Annapolis, Md. Justin Shields, a student at the University of Indiana located near College

Park, Md., met them at the swim meet. Gaylord and Shirley returned home Wednesday.

En route home, Gaylord and Shirley visited Mike and Nancy Shields, Omaha, Neb., and Brett and Ali Shields, Sam, Levi, and Halee, Harlan, Iowa.

Rowan Mai Bremer, infant daughter of Kristen Bremer of Colby, was baptized Sunday during Sunday morning worship services at St. John's Lutheran Church in Oberlin with Pastor Brad Rick officiating. Baptismal sponsors were Jessica Bremer and John Bremer.

John and Dianne Bremer hosted a dinner Sunday noon at their home in honor of Rowan's baptism. Guests were Kristen Bremer and Rowan, Colby; Herschel and Jody Betts; Rowan's great-great-aunt, Mildred Holmdahl; Janel Jensen, Warren and Jan Bainter, Dorothy Moore, and Jessica Bremer and Justin

Zodrow. Walter and Betty May; Richard May, Lawrence; Robert May, and Roland and Pam May were Saturday evening dinner guests of Rhonda May and Dan Nedland to celebrate Betty's 87th birthday.

Rielly Rittmann, Shawnee, competed in the Northern Lights Classic gymnastics meet March 9 to 11 in Minneapolis, Minn., at the Twin City Twisters host gym. She competed in level 7 (11 to 12 year olds), placed second on beam, sixth on bars, and sixth all-around. Her mother, Colleen, also attended the competition.

Zach May left Thursday with Gary and Sarah Fredrickson and Kaine to attend the Big 12 Basketball Tournament in Kansas City, returning home Sunday evening.

Selden News

By Jacque Boultinghouse

The Golden Acres Fitness Trail group has been working very hard to raise money to complete the concrete walking trail at the south end of Kansas Ave.

One of the grants the group has applied for requires they have their match already in hand when the grant is awarded. If you are planning to donate towards this project, please do so as soon as possible so they do not have to turn away any money.

Please send your donations to: Golden Acres Fitness Trail, Box 23, Selden, Kan., 67757, or you may give your donation to any of the members on the committee: Elaine Koerperich, Barry Quanz, Lori Miller, Gwen Schultz, Marsha Rogers, Jaci Schaben and Isaac Astalosh.

Mark your calendar for the annual Selden Antique Tractor and Car Show scheduled for Sunday, June 3.

Birthdays and anniversaries:

March 16, Marvin Kaus, Mary Peter, Josh Mosier; March 17, Dan Campbell, Boyd Wilson, Tanner Gillum, Betty Barnett; March 18, Nick Rall, David Gould, Cody Jacobs; March 19, Daniel Hickert Young, Chance Marble, Tate Bruggemann; March 20, Mitch Miller; March 21, Alfred Albers, Tracey Smith Metcalf; March 22, Jackie Weins, Stacey Sulzman Wolf.

On March 8, during Senior Citizens at the Community Center, Shirley Emigh won high, Ralph Weis took second, Helen Karls got low and Janice Kruse had the most nines. Other members present included: Jeanie Spresser, Betty James, Pat Wessel, Matt Finnesy, Edna Schiltz, Ann Hazlitt, Paulie Neff, Carl Mumm, Gail Mumm, Bernita Aumiller, and Bob Wessel.

Pinochle night will be at 7 p.m. Saturday at the Community Center. Cost is \$10 per person, so bring a partner and some snacks and we will see you then.

Decatur Health Systems

By Becky Wilson

Efforts at recruiting another physician continue at Decatur Health, as the past two Mondays have been taken up with meeting and interviewing doctors possibly interested in joining our staff.

Last week, Dr. George Hightower and his wife Linda visited Oberlin to get to know the area, look at some houses and interview with the board and the hospital management team. They are from the Bakersfield, Calif., area, and would like to move to a part of the country that's a bit closer to family in Omaha.

They'll still have quite a drive if they do move here, but it's much closer than the West Coast. Dr. Hightower attended Whit-tier College and went to George Washington University for medical school. He now works in family medicine and urgent care, but has a history in sports medicine, which only makes sense as he's in his college's athletic hall of fame for his basketball skills.

Mrs. Hightower is from South Dakota, so she knows what it's like to live in a small town on the plains. It was a pleasure to meet them both.

This week, Dr. R. John Stuke of Indiana is here for an interview. He is a former U.S. Army doctor who specializes in emergency medicine. In addition to the interview and a tour of the hospital and Oberlin, he'll be meeting with Oberlin residents to get a feel of what the community is like.

It's been a busy couple of weeks with all of these interviews, but it is important to the hospital and to the town that we see as many candidates as possible to find the right fit for Oberlin's needs. We will continue to look at all options, and the more candidates, the better it will be for this town.

In other news, one of the community needs mentioned in last week's health-care town meeting was another part-time general surgeon. We're pleased to announce that Dr. Charles Schultz from Southwind Surgical at Hays Medical Center will be joining the roster of specialists who visit Decatur Health soon.

Right now, Dr. Walter Eskildsen of McCook comes here weekly, and with Dr. Schultz, there will be two general surgeons to help serve Oberlin.

'The Last Week in the Life of Jesus

By Charlotte Strecker-Baseler, Faith Lutheran Church

This month we continue to explore the last week in the life of Jesus. Today we look at the preparation for the Passover and the eating of this meal, which has become known as The Last Supper (Mark 14:12-25). If we look at the verbs from this story according to the New Revised Standard Version, we find almost 60 verbs used by the Evangelist Mark. What stands out about these verbs, the pattern I see that Mark is focused on in this story is similar to the triumphal entry of Jesus into Jerusalem. What I find that is similar is the language of sending, entering into, preparing for, being freed, something new and entirely different and unique. The disciples enter Jerusalem to prepare for the celebration of the Passover meal. The Passover meal was to recall a celebration of their ancestors being freed from slavery in Egypt and on their way to the promised land.

In the Passover meal a lamb is sacrificed. This takes on new meaning for us as Christians when we think of what happens to Jesus on the next day, Good Friday. Jesus is the perfect sacrificial Lamb of God who takes away the sin of the world through his dying on the cross for us. There is much "giving" and Jesus' instruction to "take" and "eat" and "drink" of this meal. These verbs make very clear that Jesus is

redefining the Passover meal as a meal of himself.

The Passover meal which pointed to the Exodus story (Exodus 12:1-13:16) now points to his sacrifice of his body and blood on the cross of Good Friday. This profound reinterpretation of the Passover would be understood by the disciples only after the resurrection. Today, we have an advantage over the disciples, in that we have centuries and centuries of reflection upon the meaning of this profound Last Supper that Jesus shares with his followers.

Next week we will explore what comes next immediately following the Last Supper. The dramatic events of the last hours of Jesus' life before the cross unfold. In the Garden of Gethsemane Jesus confronts his final hours with struggle as he prays to his heavenly Father.

Let us give thanks for God's gift of the sacrament of Holy Communion, also known as The Lord's Supper, which frees us from the power of sin, death and the devil by providing us spiritual food which brings us forgiveness. Because Jesus has become the perfect sacrificial Lamb of God through his body and blood on the cross for us, we can experience a new life of healing.

Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH
785-475-3103
Fr. Mark Berland,
MASS: 10:30 a.m., Sunday

IMMACULATE CONCEPTION CATHOLIC, LEVILLE
Fr. Mark Berland,
MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN
Fr. Mark Berland,
MASS: 5:30 p.m. Saturday

JENNINGS-DRESDEN UNITED METHODIST CHURCH
Pastor: Barbara Patterson
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.
DRESDEN
SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST
The Rev. Linda Willey
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST
Pastor: Dennis Brown
SUNDAY: Morning Worship, 9 a.m.

OBERLIN UNITED METHODIST
102 North Cass — 785-475-3067
The Rev. Linda Willey
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

OBERLIN ASSEMBLY OF GOD
The Rev. Royce Leitner
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

UNITED CHURCH OF OBERLIN
Pastor: Judi Stricker
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)
Pastor: Gene Gee
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,

CLAYTON UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN CHURCH OF CHRIST
South Beaver Street - Oberlin
Bill Duncan — Phone 785-475-3259
SUNDAY: Fellowship and coffee time; 10:00 a.m. The "no sermon" worship hour with the Lord's Supper and Adventures With God, open Bible Study, 10:30 a.m.; TUESDAY: Ladies Bible Study, 9 a.m.

ST. MARY'S CATHOLIC, HERNDON
Fr. Nick Parker
Phone 785-322-5560
MASS: SUNDAY and THURSDAY 8:30 a.m.

HERNDON COVENANT CHURCH
Pastor: Keith Reuther
Phone 785-322-5316
SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.

NORCATUR UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

LYLE UNITED METHODIST
Guest Speakers every Sunday
SUNDAY: Morning Worship 9 a.m.

EVANGELICAL COVENANT CHURCH OF OBERLIN
Pastors: Chris and Sharon Nelson
810 West Cedar, Oberlin
Office Phone 785-475-2769
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH
Chairman Brad Marcuson
10 miles south, 4 miles west of Oberlin
SUNDAY: Sunday School, 10 a.m.; Worship, 11 a.m.; WEDNESDAY: Bible Study and prayer, 7:30 p.m.

ST. JOHN'S LUTHERAN CHURCH
510 North Wilson
Interim Pastor: Brad Rick
SUNDAY: Sunday School and Bible class, 9:45 a.m.; Divine Worship Service, 8:30 a.m.; Holy Communion: 1st and 3rd Sundays..

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FAITH LUTHERAN CHURCH
404 North York Avenue
Oberlin, Kansas
The Rev. Charlotte Strecker-Baseler
Church Office Phone: 785-475-2053
SUNDAY: Worship, 10:00 a.m.; Fellowship and Educational Hour, 11:15 a.m. Holy Communion first and third Sundays.
THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.

