

Herndon News

By Julie Hafner

Get-well cards and notes may reach Emmy Lou Sattler at the Rawlins County Health Center, Atwood, Kan., 67730, while she is recovering from medical issues.

Donna Fleischacker Maheras, Hays, is interested in finding the original Fleischacker homestead near Herndon. Her parents were Math and Lorraine Dankert Fleischacker who lived 8 miles up the bottom road west of Herndon. Math or Motzie, as Herndon people called him, was the son of Matthias and Martha Holle Fleischacker and they settled two east and 1 south of Herndon. It is this homestead Donna is interested in and if any foundation is still there, call Julie at (785)

322-5219 or e-mail kompusgal@yahoo.com with any information for Donna.

Donna and her husband, Andreas, recently traveled to Gols, Austria, and are now in Athens, Greece, visiting family of Andrea's. She commented that the Mediterranean Ocean looks like ants on a hill with so many swimmers in the 100 degree-plus weather.

Voni Sattler, Herndon, and Cheryl Bahenberg Hicks, Mountain Home, Idaho, were Wednesday evening dinner guests of Bob and Julie Hafner. It was not by accident that Schmoren and Creamy Cucumbers were on the menu, helping re-live some old memories from the an-

cestral recipes. Cheryl was visiting family in the area, traveling from Denver to Omaha before returning home.

The Herndon community extends sympathy to the family of Cork and Jacque Riener and family. Mary Lou Pickering Brophy of Wray, Colo., step-mother to Jacque, passed away at the age of 76 on Monday, in Wray. A complete obituary will follow at a later date.

Congratulations to Don and Joan Grafel on winning Pride's July Yard of the Month. Trees provide shade in the front yard. Family and friends stop by enjoying the patio swing and container blossoming flowers.

Are foods safe after outage?

Frequently questions come in to me about what to do with food when there is a power outage, whether it is in the winter or summer. The answer is the same: With a long-term power outage throw out any refrigerated or frozen foods if you're not certain of their safety.

Determining whether perishable foods are safe after a power outage can involve some guesswork, but the rule of "when in doubt, throw it out" stands.

For many people, it's difficult to throw away food if it's not crystal clear that it's been spoiled. If there's a strange odor, definitely throw it away. But sometimes, there's no outward sign that food has gone bad, especially if it's been thawed then re-frozen before it's checked.

If there's any chance that a perishable food has gotten to above 40 degrees for two hours or more, then it's been in the 'danger zone' too long and should be discarded.

That's especially true for households with people at high risk for illness from food-borne disease, including children; pregnant women; the elderly; and people with diabetes or other chronic health conditions.

It's not always easy to tell how long a refrigerator or freezer compartment has been too warm, but a sure sign that a freezer has reached temperatures above 32 degrees is if ice cubes have melted. That's obvious in freezers that have storage containers for loose ice cubes; they would re-freeze into a large sheet. Homeowners who just have ice cube trays (in which the ice would re-freeze into cubes) should get in the habit of keeping a few cubes in a zip-close bag in the freezer to make it easier to tell if the compartment has reached above freezing during



Home Time

By Tranda Watts
Regional Extension Agent

an outage.

In addition, it's important to know that if foods have been in the danger zone for two hours or more, even cooking them won't kill all germs that could cause illness. Here are some general tips to follow:

When the power is out, keep refrigerator and freezer doors closed to keep the cold in.

Food in chest-type freezers that are full or nearly full will keep for 24 hours or longer if the door is not opened. For long term power outages, try using dry ice to keep food frozen: 25 pounds of dry ice should hold a 10 cubic foot full freezer for two to four days.

Generally, it is safe to re-freeze foods that still contain ice crystals.

If frozen foods have partially thawed, they may or may not be able to be re-frozen. Uncooked meat and poultry can be re-frozen if odor is normal. Fish, shellfish, casseroles and other combination dishes should not be re-frozen.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785)443-3663 or e-mail twatts@ksu.edu. For information, contact the Decatur County office of Twin Creeks Extension, 475-8121.

Good Samaritan Center

By Lisa Paulson

The following thank-you note was written to our Hometown Heroes, Mad Lib Style, by Loren Schrock, Betty May, Leone Porsch, Phil Erickson and Connie Cramer:

Thank you, firefighters for your bravery and willingness to serve us in our time of need. We can be assured of your dependability and courage to persevere and endure during times of emergency: fires, car crashes or storms. You come to our rescue because you are loving, able, charitable and strong! We admire you and praise you! Please accept our gratitude! On behalf of all of us at Good Sam, we want to say thank you and God Bless You!

Speaking of sneezes...oh wait...we weren't speaking of sneezes, but the words that we respond to sneezes with: God Bless You! That's how Bible Study began with a great big, very convincing sneeze and four residents all simultaneously, gave a heartfelt, genuine "God Bless You" in response. So I asked them why, what were they saying to me with those words? "I was just being polite." "I don't know, that's what I've been taught to say." "I was wishing you health?"

Since we had been studying the names of God in the original language, we looked at a very familiar blessing from Numbers 6:24-26 in Hebrews which gives us a much deeper understanding. "The Lord bless you and keep you; Bless = baw-rak' = to bless greatly. Keep = shaw-mar' = to put a hedge around, i.e. guard; to protect, attend to, keep, observe, preserve, save. The Lord make His face shine upon you, And be gracious to you; Shine = ore = illuminate like the break of day, gloriousness, kindle, set on fire. Gracious = khaw-nan' = to bend or stoop in kindness to an inferior; to favor, (be) merciful, have mercy upon, have pity upon. The Lord lift up His countenance upon you, And

give you peace." Countenance = paw-neem' = favour, fear of Peace = shaw-lome' = safety, wellness, health, prosperity, peace, wholeness.

When the residents were leaving to go home, one might have thought it was cold and flu season, though no sneezes could be heard, the words "God Bless You" were ringing through the halls.

Pastor Keith Reuther brought Communion on Friday and as he prayed for each resident he used this same blessing. What a great reminder...and the words "God Bless You" again were ringing through the halls.

A documentary on the Dirty Thirties was shown during Living History, thanks to Anita Hirsch. The Quiet Room was filled to overflowing. Elden Haas, Earl and Elsie Winder, Phil Erickson, Roxie Pomeroy, Leone Porsch, Leona Helmkamp, Walt and Betty May, Earl Brown, Loren Schrock and Cheryl Miller. Wow, talk about living history it was so interesting to have the actual memories of living through those years.

In House Club met early with Coleen Rippe on Friday to prepare homemade bread, so when everyone arrived for Social Hour they were greeted with the sweet aroma of baking bread. Dorothy Pryor used to say we needed to bake about 12 more loaves to satisfy the cravings of second helpings for everyone. I think she spoke great words of wisdom.

Visitors included: Gerald and Connie Olson and Kelly Olson for Evelyn Olson. Bob and Neoma Tacha (Jennings) for Galen Tacha. Max Carman for Myrtle Waldo. Carol Sloan (Lawrence) and Connie Simonsson for Amy Rehm. Marilyn Horn for Myrtle Ross. Murry and Audrey Pavlicek for Mary Lemman. Mert McEvoy,

Eunice Richards and Ralph and Norma Unger for Lucy Schissler. Cheryl Miller for Loren Schrock. Gerald Benda for Eulaine Benda. Eunice Martin for Glenn Martin. Judy Betts, Joy Russell and Reta Barratt for Margaret Vacura. Reva Marshall for Dorothy Hunt. Jerry Hill for Cheryl Hill. Susie Sabatka (Atwood) for Vera Kacirek. Hunter, Rhiannan and Liam Nedland, Lisa Davies for Doris Aufer. Eunice Richards for Opal Bryan, Eva Bryan, and Earl Brown. Gene Leitner for Marcella Leitner. Rose Riffle for Roxie Pomeroy. Kristen Haas and Annalyse (Colorado) for Grandpa Elden Haas. Galen Olson for Lucy Schissler, Violet Schissler and Eva Bryan. Breckyn and Darin Jensen for Great-Grandma Violet Schissler.

Midway News

By Mary Lou Olson

Congratulations to Brent and Molly Olson, who were married on Saturday at the Sacred Heart Catholic Church in Oberlin. The bride is the daughter of Mike and Mirla Coleman and the bridegroom's parents are Randy and Sharon Olson. They will live in Oberlin.

Betty Hafer enjoyed a week on the beach in Florida with her son and family, Marc Payton, Darian, Dalton and Joie of Byron, Ill. Morning worship services will

be held at 10 a.m. Sunday at the Herndon Covenant Church.

Bob and Sally Olson and their grandson, Scott Olson, returned to Atwood on Friday from a trip to California. On Saturday, they went to Salina to visit Bob and Annette Frenzls. Sally Olson remained at the Frenzls, where she will be living.

Steve and Arian Arnold and Galen and Lynn Olson had lunch on Monday at the LandMark Inn to honor Galen on his birthday.

What do Christians believe? Roy Matthewson, Lund Covenant Church

What if I told you that the world is flat? Indeed, what if I told you that there is water all around the earth, that there is a dome over the fields, mountains and forests protecting it from the water above us, and that Hades is somewhere below the earth? There is a group that believes this is the case because this is how the Bible describes the world.

What would happen to your faith if you learned that there was no Adam and there was no Eve as understood in Genesis? Would you think the person who told you that was at best a heretic? Could your faith in God survive such news? How would you make sense of this and believe the Bible tells us anything true about God?

I ask because a huge barrier between the Church and many of my non-Christian friends is our apparent uncritical, unscientific mindset. Non-Christians look at Christians and believe we are generally unthinking simpletons. The perceived conflict between faith in God and scientific knowledge turns non-Christians away. I believe they conclude that it is essential for people to discard the belief in scientific discoveries in order to be Christians.

It is possible to both acknowledge the sovereignty of God as Creator and accept the scientific discoveries of the last 500 years. To do this we may have to renew our minds and adjust the ways we think. We can show that Christians are comfortable in the 21st century and in so doing will bring down this intellectual barrier to the Gospel. It is possible to do this in a way that does not weaken the Word of God as well.

The most important step is to acknowledge that the time gap between the development of the scientific method and the world view it created and the composition of Scripture is huge. First written up

to 4000 years ago and completed about 2000 years ago, the Bible was written by people who did not think "scientifically"—at least, not in the way that we think scientifically. Our scientific world view began to take shape about 1100-1300 years after the scriptures were completed and termed normative by the Church Councils.

Thinking scientifically is second nature to us. We are not even aware that this is the way in which we think because it is how we learn to think from the moment we are born. We are immersed in this mindset in much the same way that a fish swimming in a lake is unaware that it is wet. The water is the fish's world, just as the scientific paradigm is ours.

Where problems develop is when we approach a book written centuries before the scientific mindset developed and ask it our standard questions. We want to know where exactly the Garden of Eden was located. But we know that the sources of the Tigris, Euphrates and Nile referred to as flowing out of the Garden are hundreds miles, if not continents apart. So where exactly is the Garden? If we cannot find it we may conclude that the angel God has guarding it, hides it very well. We may conclude that it never even existed. Or we could conclude that since the Bible is interested in telling us who we are, it is not concerned scientifically with how we got to be here.

I intend to pick up from this point in next week's article, but let me assure you that I believe in the resurrection of Jesus from the dead, that God created the universe, and that we can trust the Holy Spirit to guide us into all truth. I pray your faith will not waiver as you consider these ideas, but that it will become stronger as a result. Blessings.



Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH
785-475-3103
Fr. Mark Berland,
MASS: 5:30 p.m. Saturday

IMMACULATE CONCEPTION CATHOLIC, LEOVILLE
Fr. Mark Berland,
MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN
Fr. Mark Berland,
MASS: 10:00 Sunday

JENNINGS-DRESDEN UNITED METHODIST CHURCH
Pastor: Barbara Patterson
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.
DRESDEN
SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST
The Rev. Nancy Proffitt
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST
Pastor: Dennis Brown
SUNDAY: Morning Worship, 9 a.m.

OBERLIN UNITED METHODIST 102 North Cass — 785-475-3067
The Rev. Nancy Proffitt
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

OBERLIN ASSEMBLY OF GOD
The Rev. Royce Leitner
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

UNITED CHURCH OF OBERLIN
Pastor: Judi Stricker
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)
Pastor: Gene Gee
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,

CLAYTON UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN CHURCH OF CHRIST South Beaver Street - Oberlin
Bill Duncan — Phone 785-475-3259
SUNDAY: Fellowship and coffee time, 10:00 a.m. Praise and Worship time, with Weekly Lords Supper, Multi-media Bible sermons & open bible studies combined. Private Bible studies on request.

ST. MARY'S CATHOLIC, HERNDON
Fr. Nick Parker
Phone 785-322-5560
MASS: SUNDAY and THURSDAY 8:30 a.m.

HERNDON COVENANT CHURCH
Pastor: Keith Reuther
Phone 785-322-5316
SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.

NORCATUR UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

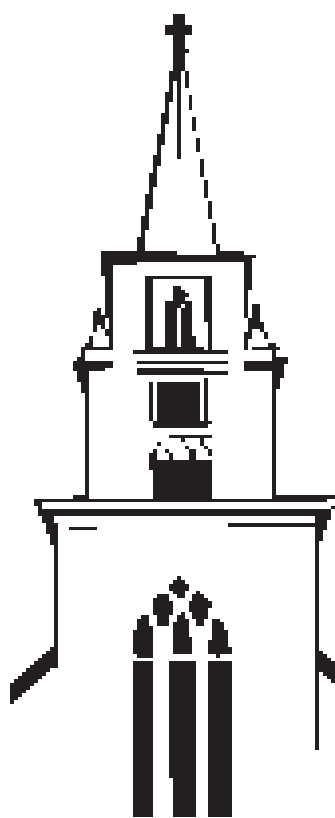
LYLE UNITED METHODIST
Guest Speakers every Sunday
SUNDAY: Morning Worship 9 a.m.

EVANGELICAL COVENANT CHURCH OF OBERLIN
Pastors: Chris and Sharon Nelson
810 West Cedar, Oberlin
Office Phone 785-475-2769
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH
Pastor Roy Matthewson
10 miles south, 4 miles west of Oberlin.
Men's Breakfast Saturdays June 2, 16, and 30 8 a.m.
Lawn Vespers Sundays June 10, and 24 7 p.m.
Sunday: Sunday School 10am Worship 11 am "The Difference is worth the Distance" facebook.com/LundCovenantChurch

ST. JOHN'S LUTHERAN CHURCH
510 North Wilson
Interim Pastor: Brad Rick
SUNDAY: Sunday School and Bible class, 9:45 a.m.; Divine Worship Service, 8:30 a.m.; Holy Communion: 1st and 3rd Sundays..

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Lyle News

By Veda Wood

The secret is out! Now that Carla Ogorzolka, Loretta Carter's daughter, wrote the note to the Norcatour News that she always had fun helping with the paper, everyone will know that it is not all work and no play. I always accuse the others of working like the house is on fire, but mostly it is just that I am too slow to keep up. Yes, we do enjoy the coffee, cookies and chatter, and we do appreciate the nice notes we get. Thanks, Carla, and all who write.

Joyce Sumner had surgery in Wichita on Thursday and expected to be back home Monday. We wish her renewed health very soon.

Kathy Van Meter continues to recuperate, although very slowly. Lloyd, family and friends are so

anxious for her to be better. June Jolly took pies and helped at the Eagles on Thursday. She has gone to garage sales, played cards, and had a small fender-bender last week. I hope that wasn't Friday the 13th.

Joyce Price was hostess to Liberty Star Club on Wednesday. Due to sicknesses and unforeseen emergencies, only a few attended, but we always have a good time, and we all got a double portion of her scrumptious lunch. Members who attended were Toots Magers, Carol Moye, Babe Hawkins and myself.

Judy and Charlie Easton made the trip from Quinter to Toots Magers' on Sunday. They are always good to do chores, small or large.

Chamber News

By Carolyn Hackney

Can you believe it is almost fair time again? The Decatur County Amusement Authority brought in a sign-up sheet for volunteers to choose a game or ride that they would like to help with. Cheryl Metcalf is coordinating this effort, so please give her a call or come in and sign up. The Decatur County Fair runs from Tuesday, Aug. 7, through Saturday, Aug. 11, with the carnival open each night.

The Chamber board members are still serving Root Beer Floats this Friday and on July 27 at the Gazebo in Centennial Park. From some of the conversation I have overheard, they are having entirely too much fun, so go check up on them and see what is happening.

Farmers' Market continues each Wednesday beginning at 8 a.m. here in front of the Business Enhancement Entrepreneurial Building. I will again bring a variety of veggies

from Klooz Farm. I won't be doing any cooking demos until later in August. I will announce a date after the fair.

I have people call quite often looking for a house to rent. If you have houses for rent, I would be happy to pass on the information. Call and let me know here at 475-3441 in the Chamber office.

Have a great week!

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