

Good Samaritan Center

By Lisa Paulson

Have you ever considered yourself a minister? Not in terms of pastoring a church, or going overseas to a faraway land ... but in your ordinary, everyday life?

Our dear Doris Auker didn't call herself a preacher or a minister and yet at her memorial on Friday, that was the message Janice Shobe brought in her honor. That she indeed was a preacher and minister to her family and to all who knew her, and to know her was to love her.

The dictionary has several meanings for the word minister, always with reference to the Christian faith; the specific one I'd like to bring to your attention is the intransitive verb form: to give help to someone in need.

With that in mind, consider this verse from the Bible; Philemon 1: 6-8 (New Century Version) it reads; I pray that the faith you share may make you understand every blessing we have in Christ.

I have great joy and comfort, my brother, because the love you have shown to God's people has refreshed them.

In ministry we often speak of the "ministry of presence," and what a great encouragement one can be by

just being there. That principle was brought home this week when I witnessed the constant flow of friends and family who "ministered" to Doris as she waited for the Lord to call her home. I also witness a great revival of countenance in the residents when they are refreshed by the presence of so many that come to visit or volunteer.

Often the greatest health risks to the elderly are loneliness and depression.

Without the "ministers" who come to "give help" and "refresh" a person could give up and literally will themselves to die. Our hope is that you will get a glimpse of the importance you are to the health and well-being of not only your loved one but to all who live and work here.

Volunteers this week included: Larry Smith, Computer: Marilyn Horn, Pat Fringer and Colleen Geishler, Bingo: Carol Duncan, Current Events: Frank McEvoy and Keith Reuther, Men's Coffee: Penny Fringer, Dorothy Alstrom.

Rosella Meitl, Nail Care: Bernice Martin, Jo Henderson, Cheryl Miller, Social Hour.

Visitors were: Sally Henningson

for **Connie Cramer**. Marilyn Horn for **Myrtle Ross**. Cheryl Miller for **Loren Schrock**. Gerald Benda for **Eulaine Benda**. Eunice Martin for **Glenn Martin**. Reva Marshall, Dixie Snyder (Colby) and Penny Fringer for **Dorothy Hunt**.

Jerry Hill for **Cheryl Hill**. Susie Sabatka and Em Threlkel (Atwood) for **Vera Kacirek**. Marvin and Sharon Slabaugh for **Opal Bryan**. Gene Leitner for **Marcella Leitner**. Pat Fringer and Reta Barratt for **Margaret Vacura**. Rose Riffle for **Roxie Pomeroy**. Allen Tacha (Norton) and Nadine Tacha (Jennings) for **Galen Tacha**. Murry and Audrey Pavlicek for **Mary Lemman**.

Gerald Olson for **Evelyn Olson**. Lora Randolph (Hutchinson) and Connie Simonsson for **Amy Rehm**. Elden and Detta Anderson for **Eva Bryan**. Cheryl Miller and Dawn Sharp (Colby) for **Loren Schrock**.

Thank you family, friends and volunteers; your presence is truly a ministry to the people who live here. You truly are the hands and feet of Jesus and we thank God for you.

Cream pies need to be cool

During the warmer temperatures of summer, questions frequently come in related to food safety issues. One recently came in about the safety of cream pies. Is it safe to leave cream pies out on the counter for most of the afternoon, or should a cream pie be refrigerated?

If a cream pie is allowed to sit on the counter for two hours or more at room temperature (above 40 degrees Fahrenheit), then it should be thrown away. If it is over 90 degrees F., a cream pie should be thrown away after one hour to keep family and guests safe.

Standard food safety guidance warns against allowing perishable foods such as cream pies to stay in the "danger zone" - between 40 degrees and 140 degrees F - for more than two hours. After that amount of time, if there are any microorganisms that could cause food borne illness lurking in the food, they are able to multiply so rapidly that they would be more likely to cause problems.

Experts say that after cooking cream pies, you should let them cool at room temperature for just 30 minutes, then put them in the refrigerator to complete cooling.



Home Time

By Tranda Watts
Regional Extension Agent

They should be kept refrigerated except when you serve them.

Fruit pies - your standard apple, cherry or peach pie, for example - can safely be left at room temperature. But cream and custard pies are a different story. They normally contain ingredients such as eggs, milk, cream or cream cheese that need to be treated with extra care. And their moisture content is much higher, too, which makes them even more prone to the growth of bacteria and other microbes.

According to the Food and Drug Administration's "Bad Bug Book" (a handbook on food borne microorganisms), one of the organisms that cream pies are susceptible to is Staphylococcus aureus, or Staph. Staph is very common in the environment, and it can make toxins that might not be destroyed

by cooking.

Obviously, illness doesn't always occur when food isn't handled properly. But if it does occur with Staph, it comes fast, within one to seven hours after eating. Symptoms include nausea, stomach cramps, vomiting and diarrhea, with severe cases causing dehydration, headache, muscle cramps, and even temporary changes in blood pressure and heart rate. The illness normally is over within a day - sometimes just a few hours.

Besides cooking and storing food properly, you can help keep food safe by washing your hands thoroughly (and often) as you prepare and serve food, and by keeping utensils and surfaces clean.

Rexford News

By Gwen Griffiths

The kids are getting into the routine of school and hopefully enjoying the experience of learning.

It seems like quite a crowd showed up to take part in the Golden Plains soap scrimmages on Friday afternoon and evening. The volleyball and football teams each had a chance to play; the event was followed by a barbecue.

Taylor and Tylor Todd have earned a big congratulations: They both rode in the American Quarter Horse Association Youth Horse

Show (World Show) in Oklahoma City. Taylor placed third in the cutting event, and both girls placed in the top 10 in the boxing category. In boxing, the girls had to ride a reining pattern and then work a calf.

Free produce is still available at the Stepper building on Mondays and Thursdays. There's usually a good variety of vegetables, and it's all free.

Don't forget the open house and dedication coming up for the Historic Philip Houston House.

This event will be held from 4 to 7 p.m. on Wednesday, Sept. 12. The dedication ceremony will be held at 4:30 p.m. There will be tours and old-fashioned snacks. The entire community is invited to attend.

I hope you have some fun plans for Labor Day this weekend. And if you have celebrations or news that you'd like to see in the paper, just e-mail griffithsgang@gmail.com or call 687-2076. Have a great week.

Jennings News

By Louise Cressler

We received a beautiful rain Thursday late afternoon and again on Friday evening. The moisture was a welcome sight and we received no hail with it. Saturday morning was nice and cool for the 21st annual Firemen's Fun Day. A large crowd gathered for all the festivities of the day. Many residents had family members visiting and enjoying the day.

On Sunday, Kim Nutting, Bogue, a lay speaker, came to United Methodist Church to speak since the Rev.

Barbara Patterson was on vacation with family. We thank Kim for coming to our church.

Allan and Sherri Carter, Overland Park, attended church with his mother, Rachel Carter.

Playing cards at the Sunflower Senior Center on Wednesday were: Eleanor Morel, Diane Carter, Alice Wagoner, Ann Szwesit, Carol Carter, Stan Shaw, Wayne Cressler, Ramona Shaw, Scott Taylor, Agnes Wahlmeier and Louise Cressler.

Martin LaRue is home from the

hospital and was one of the men riding the American Legion float in the parade Saturday.

Sell in the classifieds.
Call Pat today
475-2206

Lyle News

By Veda Wood

Another good rain! And we're thankful, and still praying that it will come to everyone. Our gauge read about 4.50 inches after everything quieted down. It looks like Hurricane, or tropical storm, Isaac, caused the Republican Convention to be postponed a day, but they are not expecting too much in Tampa. It seems to be headed for Louisiana, and hopefully won't cause too much trouble there.

June Jolly said her son, Dean plans to cut one field for corn and the rest for ensilage, so maybe there will be some corn. June says she has been doing the same old things. She plans to take the bus trip to the Nebraska State Fair and see the Gatlin Brothers.

Kathy Van Meter and Lloyd Frandsen also plan to see the Gatlin Brothers show but are going with

the Holbrook Bank group.

Sunday afternoon, Judy and Charlie Easton and Toots Magers made a trip to Beaver City, Neb. They visited Roger and Barbara Powell, Don and Shanna Nitzel, Carla and Jenna Clason and Clason's granddaughter, Colbryn. Ruth Vise was not at home, so they missed seeing her.

Clent Hatfield says he has three mail boxes besides the one he brought me, and would sell them for \$10 each.

Aubrey High got off the bus at my house on Thursday and stayed until her mother got off work. She visited me again Monday. She is growing so fast, fixed her own snack and did everything for herself. It didn't seem that there was much summer vacation, but school is in full swing.

'I'd be glad to' Doug Mason, Teens for Christ

In my family, growing up as a child, I learned the valuable concept of serving others. Granted, there were a lot of weaknesses in my family, but there was good also. We, as a family, participated in various acts of service in our community.

I have come to realize that the attitude of selflessness is taught in the home. When some kind of service work is to be done, 90 percent of people are suddenly unavailable and only 10 percent offer to help. It's those 10 percent that do most everything. It's a well-established fact in all age groups, social classes and, sadly, in churches. If you want to see your children become ones who serve others, then make it a family practice.

When Teens For Christ has some kind of service project I have to "pull teeth" so to speak, to get the help needed, but if we are going to have something fun there are more than enough teens available. What's interesting is that the attitude seen in the teens is usually the attitude you see in the parents. The teens that do most of the work have parents that are the same way. The teens that do nothing to help others have parents that are the same way. Chances are those parents had parents with the same attitudes. That's why I say selflessness is taught in the home.

Servanthood has always been a challenge. Even Jesus struggled with people's attitudes. His own disciples desired glory and adoration, but Jesus wanted

servants. Jesus washed the feet of his disciples, which in that culture was done by the lowest person in a household - usually a servant. Jesus said, "The first shall be last and the last shall be first." (Matthew 19:30)

Today's church keeps functioning because of the 10 percent. Are those 10 percent just more available than the 90 percent? No! They are very busy people, just like everyone else. What's more interesting is that most people that are not helping are also not doing anything important at that time anyway. They seem to forget one of Jesus' central themes.

On TFC mission trips, we work on attitude a lot. We teach throughout the trip what we call an "I'd be glad to" attitude. Sure we can get too overburdened if we don't learn to say "no" sometimes, but that's more for the 10 percenters. The interesting thing about adopting an "I'd be glad to" attitude is that you gain a more positive attitude about life. Life becomes more rewarding. When we serve others we are happier. Seems strange doesn't it? Miserable, unhappy people are self-focused people. Focus on serving others.

The next time someone asks you to help babysit, or serve breakfast to some group, or help on the church spring cleaning day, or whatever it is that doesn't sound like fun - say "I'd be glad to." And you know what? When you're done, you'll be glad you did!



Schedule of Oberlin and area church services:

OBERLIN SACRED HEART CATHOLIC CHURCH
785-475-3103
Fr. Mark Berland,
MASS: 5:30 p.m. Saturday

IMMACULATE CONCEPTION CATHOLIC, LEOVILLE
Fr. Mark Berland,
MASS: 8 a.m., Sunday.

SACRED HEART CATHOLIC, SELDEN
Fr. Mark Berland,
MASS: 10:00 Sunday

JENNINGS-DRESDEN UNITED METHODIST CHURCH
Pastor: Barbara Patterson
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.
DRESDEN
SUNDAY: Morning Worship, 9:30 a.m.

PRAIRIE CHAPEL UNITED METHODIST
The Rev. Nancy Proffitt
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

HERNDON IMMANUEL UNITED CHURCH OF CHRIST
Pastor: Dennis Brown
SUNDAY: Morning Worship, 9 a.m.

OBERLIN UNITED METHODIST 102 North Cass - 785-475-3067
The Rev. Nancy Proffitt
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

OBERLIN ASSEMBLY OF GOD
The Rev. Royce Leitner
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

UNITED CHURCH OF OBERLIN
Pastor: Judi Stricker
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)
Pastor: Gene Gee
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,

CLAYTON UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

OBERLIN CHURCH OF CHRIST South Beaver Street - Oberlin
Bill Duncan - Phone 785-475-3259
SUNDAY: Fellowship and coffee time; 10:00 a.m. Praise and Worship time, with Weekly Lords Supper, Multi-media Bible sermons & open bible studies combined. Private Bible studies on request.

ST. MARY'S CATHOLIC, HERNDON
Fr. Nick Parker
Phone 785-322-5560
MASS: SUNDAY and THURSDAY 8:30 a.m.

HERNDON COVENANT CHURCH
Pastor: Keith Reuther
Phone 785-322-5316
SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.

NORCATUR UNITED METHODIST
Pastor: Ed Woods
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

LYLE UNITED METHODIST
Guest Speakers every Sunday
SUNDAY: Morning Worship 9 a.m.

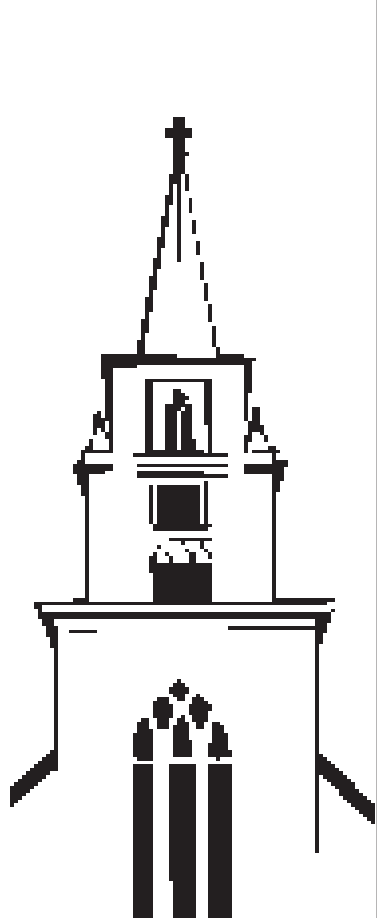
EVANGELICAL COVENANT CHURCH OF OBERLIN
Pastors: Chris and Sharon Nelson
810 West Cedar, Oberlin
Office Phone 785-475-2769
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

LUND COVENANT CHURCH
Pastor Roy Matthewson
10 miles south, 4 miles west of Oberlin.
Men's Breakfast Saturdays June 2, 16, and 30 8 a.m.
Lawn Vespers Sundays June 10, and 24 7 p.m.
Sunday: Sunday School 10am Worship 11 am "The Difference is worth the Distance" facebook.com/LundCovenantChurch

ST. JOHN'S LUTHERAN CHURCH
510 North Wilson
Interim Pastor: Brad Rick
SUNDAY: Sunday School and Bible class, 9:45 a.m.; Divine Worship Service, 8:30 a.m.; Holy Communion: 1st and 3rd Sundays.

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FAITH LUTHERAN CHURCH
404 North York Avenue
Oberlin, Kansas
The Rev. Charlotte Strecker-Baseler
Church Office Phone: 785-475-2053
SUNDAY: Worship, 10:00 a.m.; Fellowship and Educational Hour, 11:15 a.m. Holy Communion first and third Sundays.
THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.



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