on March 15, 2013. Alister David

weighed 3 pounds, 3 ounces; Gun-

nar Lee, 3 pounds, 2 ounces, and

Trey Patrick, 2 pounds, 2 ounces.

Maternal grandparents are Dennis

and Pat Barnett. Maternal great-

grandparents are Daisy Schmidt and

Weekend visitors of Esther Noren

Cadet Bryce Kisner is spend-

ing spring break from St. John's

family, Larry and Meghan Ander-

son, Andrew, Eric and Ian. Kade

and family were Andy and Dana

Robson and Tyler of Bennington.

Keith Barnett.

Sympathy is extended to the on the arrival of triplet boys born

Rachel Halverson of Clovis, N.M., Migchelbrink of Atwood was a

By Mary Lou Olson

Saturday overnight guest at the

Schmidt are their daughters, Tobina

Norris, Josey and Trent, Brookville;

and Mandi McKinley, Gabe and

David Noren, a student at

Weekend guests of Gerald and

Patti Benda were her niece and

family, Rebecca and Jason Stoffer,

McPherson College, is spending

spring break with his parents, Steve

and Connie Noren and Michael.

Guests this week of Joe and Vicki

Anderson home.

Zoey, Manhattan.

Military School in Salina with his Katie, Matthew and Christine of

Keep Easter eggs safe to eat

With Easter just around the corner, egg safety is a must. Properly handling and storing eggs will reduce the risk of contaminating eggs

Salmonella infection is often the result of eating raw or undercooked eggs or egg products, meat or poultry. It can take from several hours to about two days to cause symptoms, which can include nausea, vomiting, abdominal pain, diarrhea, fever, chills, headache, muscle pains and/ or blood in the stool.

with salmonella.

There are many ways to make sure eggs are safe to eat. Here are some tips:

- Buy eggs only if sold from a refrigerator or refrigerated case at 45°F. Store eggs in their original carton on a shelf in the refrigerator (not in the door) and use them within three weeks for best quality. Wash hands, utensils, equip-
- ment, and work surfaces with hot, soapy water before and after they come in contact with eggs and eggcontaining foods.
- Cook eggs until both the yolk and the white are firm. Scrambled eggs should not be runny. • Casseroles and other dishes
- containing eggs should be cooked to 160°F. Use a food thermometer For recipes that call for eggs that are raw or undercooked when the dish is served—Caesar salad
- dressing and homemade ice cream are two examples — use pasteurized egg products. Avoid taste-testing egg-containing foods before they are thoroughly
- For buffet-style serving, hot egg dishes should be kept hot, and cold egg dishes kept cold.
- Cooked eggs, including hardboiled eggs, and egg-containing foods should not sit out for more



### **Home Time**

By Tranda Watts Regional Extension Agent

than two hours. Within two hours either reheat or refrigerate.

shell or peeled) within one week after cooking.

• Refrigerate leftover cooked egg dishes and use within 3 to 4 days. When refrigerating a large amount of a hot egg-containing leftover, divide it into several shallow containers so it will cool quickly.

with enough ice or frozen gel packs

to keep them cold. Don't put the cooler in the trunk; carry it in the • Use hard-cooked eggs (in the air-conditioned passenger compartment of the car.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785)443-3663 or e-mail twwatts@ • Cooked eggs for a picnic should ksu.edu. For information, contact be packed in an insulated cooler the Decatur County office of Twin Creeks Extension, 475-8121.

#### **Decatur Health Systems** By Becky Wilson

The Gateway was filled to the brim Friday night with Decatur Health Systems workers for the annual employee appreciation banquet, and judging from the smiles, a good time was had by all.

family of Jack Gutchewsky, 64,

who died Thursday at the Good Sa-

maritan Hospital in Kearney, Neb.

Funeral services were held Monday

morning at the Sacred Heart Catho-

lic Church in Oberlin with burial in

Immediate survivors include

his wife, Mary; two daughters,

Tammy and Kendal Neal, Katrina

and James, Oberlin, and Sarah and

Joel Uerling, Addyson and Hayden,

McCook; and a son, Brian and

Krista Gutchewsky, Gavin, Jillian

Congratulations to Dave and

the Oberlin Cemetery.

and Jena, Kearney.

We feasted on lasagna, watched a slide show of historical photos, played some silly games, handed out door prizes, and applauded our fellow employees who were celebrating career anniversaries.

Shelley McKenna had the biggest of the night: she has worked at the hospital for 35 years. Linda Fox has been here for 30, Diana Gamblin 25 and Janet Anthony and Deb Klima 20. Jeniffer Wolters hit the 15-year mark, Robin Edgett made 10 and Natasha Weishapl, Betty Vahling and Greg Vontz five. Last but not least, Suzanne Stoney and Kayla Unger had their third

Another highlight of the evening was the start of our Employee of the Month program. The honorees of the first three months of the year were announced to give the rest of us a chance to cheer them all at once.

The honoree for January was selected by senior management because of a story a patient related about a nurse. This patient had come to the hospital from Jennings to see a specialist, using the county the bus to get here. The time it took to get in to see the specialist was longer than the bus could stay, so the patient was left wondering how to get home.

Nurse Renee Zodrow heard about the situation and offered to stay after patients. She deals with people who her shift to drive the patient home to Jennings and see them safely to

Someone going above and beyond to help out is precisely the sort of thing that deserves recognition. It's a fitting selection to start off an group of honorees. It's a solid foun-Employee of the Month program. Congratulations, Renee!

Laboratory technician Jamie Post was the February honoree, as decided by department heads. Jamie's simply a ray of sunshine, brightening the day of everyone she meets. She's always helping people with directions, asking about their day or just saying hello. It's a joy to see her in the halls every day, and

we appreciate what she brings to Decatur Health. The Employee of the Month for

March was voted on by everyone. Pam Van Vleet is the reception ist for the clinic, and she's been managing a heavy workload since the end of January all by herself. That didn't go unnoticed, which is why her peers selected her as March winner. Pam is our front line of contact with our are not feeling their best and never fails to offer them cheerful and effective assistance, which is what any organization would want for their public face.

I think we can be proud of our first dation to help guide our selections over the following months. April's just around the corner – but first we have to have our Spring Fling at 2 p.m. Monday in the front lobby of

We hope to see you there.

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#### **Jennings News** By Louise Cressler

Theron and Jill Krizek, Logan and Kaedyn, Olathe visited his parents Kenny and Violet Krizek over the weekend. Logan celebrated his 18th birthday Monday. John Tacha, Lawrence; and Kara and Gordon Kuntz, Hays, attended church with Kay and Doyle Brown. Kay also cel-

ebrated her birthday on Monday. Sunday dinner guests at the home of Stan and Ramona Shaw included Colleen and Kevin Wagoner, Sharon Springs; and Mary and Jeff Wahlmeier, rural Clayton. En route parents, Wilfred and Alice Wagoner, Hoxie.

Book Club on Tuesday, March 5, at the newly remodeled Jennings City Library. Members present to discuss "The Good Earth" by Pearl Buck were Kay Brown, Ruth Chance, Patty Foster, Violet Foster, Pat Hall, Terri Hanke, Lila Jennings, Sue Long, Joan McKenna, Shelley McKenna, Joanie Metz, Helen Rhodes, Lynn Tacha, and hostess, Mary Arnold. Delicious brownies, a.m. and Fridays 3 to 6:00 p.m.

cheese and crackers, and sliced meat were enjoyed by the group. "Fried Green Tomatoes at the Whistle Stop Cafe" by Fannie Flagg is the next book to be read and discussed by the Book Club.

Enjoying cards Wednesday at the Sunflower Senior Center included: Eleanor Morel, Agnes Wahlmeier, Stan and Ramona Shaw, Deb Campbell, Wayne and Louise Cressler. Remember city election and

school election to be held April 2. Bob Jones is write-in for Jennings home, Kevin and Colleen visited his city mayor; Robert Papp is write-in for his position on the city council. Louise Cressler filed for her position Mary Arnold hosted the Jennings on the city council.

City water meters will be read on Thursday, March 21, weather

There are still many books to be given away at the Jennings City Library. They are free to anyone who would like to have them. Any books left after April 1 will be donated elsewhere. Library hours are Wednesday and Saturdays 9 to 11

# The Cross and Immigration

We are in the season of Lent. Lent is a season for looking intently toward Jesus who is the author of our faith, and a season in which we long to know Jesus better. Lent is a time in which we focus on our life of faith and following the teachings of Jesus. Jesus taught that we should feed the poor, clothe the naked, tend to the sick and those in need, welcome the stranger, love your neighbor as yourself, and forgive your enemies and pray for those who persecute you.

On March 1 we gathered at Faith Lutheran Church for World Day of Prayer. "I Was a Stranger and You Welcomed Me" was the theme. These are words from Jesus' teaching about loving and caring for others. We are to care for others in need. Jesus shares the importance of hospitality in reaching out to others in need. If you have ever been new to a community or traveled and are a stranger, everything is unfamiliar, then you can understand what it feels like to be the stranger and the needs of the stranger. Those new to a community may have basic needs of food, clothing, shelter, or a sense of belonging to the community. Jesus points out the importance of hospitality.

Jesus is continuing a tradition from the Old Testament that goes back to Genesis and Abraham and Sarah. They were known to be very hospitable to those traveling through the wilderness. Abraham and Sarah traveled often as God had directed them. In Leviticus 19:34 God commands the people to welcome the stranger, "the alien who resides with you shall be to you as the citizen among you; you shall love the alien as yourself, for you were aliens in the land of Egypt: I am the Lord your God."

History teaches us that when the socio-economic situation is under stress, that is, when unemployment teachings of Jesus. is high, the people in the host nation resent the stranger

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Fr. Mark Berland, MASS:5:30 p.m. Sunday

JENNINGS-DRESDEN

**UNITED METHODIST CHURCH** 

Pastor: Barbara Patterson

DRESDEN

who comes from another country. When this is the situation, it becomes an even greater challenge to follow the teachings of Jesus to welcome the stranger. We face those pressures today in our country. It becomes easy to see the immigrant stranger as a threat to the job we could have had, yet most of the jobs that immigrants fill are jobs that most who are out of work do not want to do. Rather than welcoming the stranger, we might not know how to handle our feelings about these stresses and we ignore the stranger in our midst. When someone is new to a community, a stranger, an immigrant, a simple "hello" brings relief and it welcomes them. It is being hospitable.

In the cross of Jesus we have the ultimate hospitality. Jesus stretches out his arms to all as Savior of the world. He welcomes us all because we are aliens to God through the brokenness in the Garden of Eden when Adam and Eve separated themselves from perfect harmony with the Creator through The Fall (Genesis 3). Jesus teaches us the importance of welcoming and loving others in their needs. He makes it personal. He teaches through referring to himself as the one in need through a story about a king in Matthew 25:38-40, "And when was it that we saw you a stranger and welcomed you, or naked and gave you clothing? And when was it that we saw you sick or in prison and visited you? And the king will answer them, 'Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me." The teaching is clear. We are to help those in need, especially by welcoming the stranger or immigrant in our midst.

May the Holy Spirit give you strength to follow the



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The Rev. Charlotte Strecker-Baseler

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THURSDAY: Women's Bible Study second

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#### March 28 - April 2 **TUESDAY**

SATURDAY

MONDAY

PRAIRIE CHAPEL **UNITED METHODIST** The Rev. Nancy Proffitt SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

> **HERNDON IMMANUEL UNITED CHURCH OF CHRIST** Pastor: Dennis Brown SUNDAY: Morning Worship, 9 a.m.

**OBERLIN UNITED METHODIST** 102 North Cass - 785-475-3067 The Rev. Nancy Proffitt SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

**OBERLIN ASSEMBLY OF GOD** The Rev. Royce Leitner SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening

Worship, 7 p.m. WEDNESDAY: Adult

Bible study, 7 p.m.

Schedule of Oberlin and area church services: **UNITED CHURCH OF OBERLIN** Pastor: Judi Stricker

> 109 North Griffith-American Baptist. Disciples of Christ, Presbyterian USA SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

**OBERLIN COMMUNITY FELLOWSHIP** (Southern Baptist) Pastor: Gene Gee

SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,

**CLAYTON UNITED METHODIST** Pastor: Ed Woods SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

**OBERLIN CHURCH OF CHRIST** South Beaver Street - Oberlin Bill Duncan — Phone 785-475-3259 SUNDAY: Fellowship and coffee time; 10:00 a.m. Praise and Worship time, with Weekly Lords Supper, Multi-media Bible sermons & open bible studies combined. Private Bible studies on request.

ST. MARY'S CATHOLIC, HERNDON Fr. Nick Parker Phone 785-322-5560 MASS: SUNDAY and THURSDAY

8:30 a.m. **HERNDON COVENANT CHURCH** Pastor: Keith Reuther

Phone 785-322-5316 SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.

NORCATUR UNITED METHODIST Pastor: Ed Woods SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

LYLE UNITED METHODIST **Guest Speakers** every Sunday

SUNDAY: Morning Worship 9 a.m. **EVANGELICAL COVENANT CHURCH OF OBERLIN** Pastors: Chris and Sharon Nelson 810 West Cedar, Oberlin

Office Phone 785-475-2769 SUNDAY: Worship Service, 9:30 a.m; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

> **LUND COVENANT CHURCH Pastor Roy Matthewson** 10 miles south, 4 miles west of Oberlin.

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ST. JOHN'S LUTHERAN CHURCH 510 North Wilson Interim Pastor: **Brad Rick** SUNDAY: Sunday School and Bible

class, 9:45 a.m.; Divine Worship Service, 8:30 a.m.; Holy Communion: 1st and 3rd Sundays.





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