

Norcatatur News

By the Norcatatur News Committee

Justine Tuttle enjoyed spring break from Golden Plains High School, and she and her daughter, Jade, attended Story Time at the Norcatatur Library, played at the Elden Auker Park, had Jade's picture taken at Amanda Sowers Photography in Oberlin and played in the park with Kelsey and Macie Peters, Katrina and Brogan Edgerton and several other friends.

Happy Birthday to Carolyn Applegate, March 28; Gail Bailey, March 3; Teresa Reves Wood, March 27; Gail Bailey, Katrina Edgerton, March 30; Shayla Bailey, March 31; Sam Stapp, April 1. Happy Anniversary to Stan and Carolyn Applegate on March 27.

Margaret "Toots" Magers will celebrate her 95th birthday from 2 to 4 p.m. at the Lyle Community

Building on Sunday.

Wava Reames enjoyed a recent visit with Beth Sebaugh, Juanita Eckhart, Tillie Shirley and Helen Helm at Cedar Living Center. On March 22, she and Shawnda and James drove to Great Bend to meet son-in-law, Johnny Crum, for the relay to get James home to Dover, Okla.

Six children attended Story Time on March 20 at the library. They made an Easter egg to take home and put up on their refrigerator. An Easter Bunny cake was made by Babe Hawkins was the treat. She also had treats for the children to take home. All area children are welcome to the enjoy the Story Hour at 10 a.m. every Wednesday.

Book Potpourri meets at 1 p.m. every the third Wednesday at the

library. The next meeting will be April 17.

LaVerne Milner gave a generous donation to the Children's Library for books grades 2 to 6. A book plate will be put in each book purchased stating in memory of Oran and LaVerne Milner. The Children's Library is the former office of Mr. Milner when he was principal at the grade school.

Movies, which have been shown on Sundays at 7 p.m. in Norcatatur in the all-purpose room of the grade school building will change this month to 7 p.m. on Tuesday nights. Cartoons begin at 6:30 p.m. "Lord of the Rings; The Fellowship of the Ring" will be shown April 9. Everyone is welcome and popcorn and water are served, purchased from donations.

Know if food is safe to use

Deciding what food is safe to eat and what food should be tossed can be confusing, given the various terms used with dates printed on food containers.

The U.S. Department of Agriculture Safety and Inspection Service defines each of the terms as follows:

A "sell-by" date tells the store how long to display the product for sale. You should buy the product before the date expires.

A "best if used by (or before)" date is recommended for best flavor or quality. It is not a purchase or safety date.

A "use-by" date is the last date recommended for the use of the product while at peak quality. The date has been determined by the manufacturer.

"Closed or coded dates" are packing numbers for use by the manufacturer.

For safety concerns, these dates are more important for perishable foods like meat, poultry, dairy and eggs.

It is recommended to use food by the "use-by date." Smelling food to determine if it is safe is not always effective. Many bacteria that cause foodborne illnesses cannot be seen,



Home Time

By Tranda Watts
Regional Extension Agent

smelled or tasted. Even if you think the food — such as lunch meat — smells and looks fine, it's best not to consume after the "use-by" or expiration date.

If you want to keep the food longer than that date, freeze it. Milk that has been properly refrigerated (40 degrees F) is safe to consume for one week past the "sell by" date.

For concerns about canned foods, high-acid foods (such as tomatoes or pineapple) will have the best quality if used within 12 to 18 months.

Low-acid foods (such as meat, fish, or vegetables) will retain the best quality if used within 2 to 5 years.

These rules apply only if the can remains in good condition and is stored in a cool, clean, dry place.

Use the first in, first out method to be sure the oldest cans are used

first. When putting away groceries, place the recently purchased items behind the existing food.

It is recommended that home-canned foods be used within one year for best quality.

If you have food safety questions, please feel free to contact your local K-State Research and Extension Office or you may contact Tranda Watts, Multi-County Extension Specialist - Food, Nutrition, Health and Safety at twatts@ksu.edu.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785)443-3663 or e-mail twatts@ksu.edu. For information, contact the Decatur County office of Twin Creeks Extension, 475-8121.

Jennings News

By Louise Cressler

The blood pressure clinic in Jennings will be to be open on Tuesday, but next week the Jennings Clinic will be open at 9 a.m. on Thursday, April 11. Lynnetta Ward will come at 1 p.m. She will also be here on Thursday, April 25. Call (785) 475-2015 to schedule an appointment.

Small town culture and economic hardship were woven together with many colorful personalities by Fanny Flagg in creating her novel, "Fried Green Tomatoes at the Whistle Stop Cafe."

Last Wednesday, the Jennings Book Club met at the Library to review the book. Club members enjoying the fun were Violet Foster, Pat Hall, Joanie Metz, Joan McKenna, Terri Hanke, Alice Mizer, Ruth Chance, Carla Latimer, Patty Foster, Lynn Tacha, Helen Rhodes, Lila Jennings, and Sue Long. Hostess Patty Foster provided refreshments of iced tea, pie, nuts and chocolate kisses. Lynn Tacha brought whimsical Easter bunnies for everyone. The book for April is the modern classic "Life of Pi" by Yann Martel.

The March 26 destination for the Jennings Tuesday Study Club was the charming community of Cambridge, Neb. Lunch at Town Talk Restaurant, a tour of a sculpture's studio and a trip to the city park were on the agenda. A fill-in-the-blank roll call was answered with "I'm happiest when I'm..." by members Pat Foster, Patty Foster, Lila Jennings, Paula Krizek, Alice Mizer, Lynn Tacha, Shelly McKenna, Joan McKenna, Joanie Metz, Sue Long and Roberta McAllister.

Program presenter, Sondra Jonson of S.L. Jonson Studios, is happiest when she is creating fine art

objects.

The first step in creating a sculpture is drawing a design on paper. From the paper design, many additional steps and hours of time are required before the final sculpture is ready for display. Clay, plaster, resin and bronze are some of the substances used to cast. The Stations of the Cross was one of the projects that she had in her studio. Her art designs are on display throughout the country.

Prior to leaving Cambridge, members drove to the City Park to view one of Sondra's sculptures. Her magnificent depiction of "The Farmer" is displayed in the rose garden.

Some of the club members took a stroll in the park to view the sculpture and enjoy the emerging signs of spring. Tiny green flower shoots peaking through the earth were a reminder that our April 23 program will focus on gardening and include a trip to Mona's Market in Dresden.

On the return trip to Jennings, some members took a detour through McCook to shop. The day was filled with many fun and interesting activities and the wonderful pleasure of spending time with friends.

The card players having a fun time Wednesday at the Sunflower Senior Center were: Agnes Wahlmeier, Linda Spresser, Eleanor Morel, Diane Carter, Scott Taylor, Stan and Ramona Shaw and Wayne and Louise Cressler.

On Tuesday, the seniors will have a potluck supper at 6 p.m. Notice the time change to evening.

The United Methodist Church in Jennings was beautifully deco-

rated Easter Sunday. After not having church on Palm Sunday, the two services were combined. We were blessed with the welcome sounds of children also.

Jennings City Council will meet at 7:30 p.m. on Thursday, April 11. Anyone is welcome to attend the meetings.

The Jennings American Legion Auxillary met at the museum on March 20. President Neoma Tacha led the group in the flag salute. Chaplain Rachel Carter gave the prayer in memory of Mary Votapka who recently passed away. She had been a member for over 64 years. The minutes of the last meeting were read by Secretary Lila Jennings.

The 6th District annual convention will be in Colby on Saturday, April 20. It was voted to change the meetings to Mondays due to conflicts with other meetings and appointments. The rest of the meeting was spent preparing the poppy arrangements for memorial time.

The next meeting is scheduled at 2 p.m. Monday, May 6, at the museum.

Midway News

By Mary Lou Olson

Richard and Kristina Gamboa of Yakima, Wash., are visiting his mother and her husband, Rita and Paul Collard.

They attended church with them on Easter Sunday at the Herndon Covenant Church and Rita Collard was baptized during morning worship services.

Dennis and Pat Barnett of Fort Walton Beach, Fla., spent last week visiting his father Keith Barnett of Atwood and her mother Daisy Schmidt.

They were all Easter dinner guests of Keith Barnett.

Easter dinner guests of Steve and Connie Noren and Michael were Lori Seaman, Salina; Doyle Seaman, Abilene; David Noren, McPherson; and Esther Noren and Jimmy and Britta Spitzer.

Mark and Barbara Olson returned home Friday from Denver, where they had spent the past week.

Mark was donor for a bone marrow transplant for his brother, Rex Olson, who will be hospitalized for several weeks.

Mail will reach him at Presbyterian-St. Luke's-CBCI, c/o Rex Olson, Room 3304, 1721 East 19th Avenue, Denver, Colo., 80218.

Richard and Maureen Anderson, Chris and Gabe and Elden and Detta Anderson spent Easter with Samantha Anderson, a student at Bethany College in Lindsborg. Samantha played her French horn in "The Passion" presentation on Friday night and also sang in "The Messiah."

Elden and Detta were Sunday overnight guests of Wane and Cheryl Stull of Solomon.

Orrin and Beth Holle and family went to Sylvan Grove for a pre-Easter dinner with her parents, Howard and Suzanne Wehrman, on Friday.

Nione Rhodin of Loveland, Colo., was a Tuesday to Thursday visitor of Steve and Arian Arnold. Galen and Lynn Olson were additional Wednesday supper guests.

Sheldon and Brenda Kelley, Kendra and Jessica of Frederick, Colo., came Monday and are visiting over spring break until Thursday with his parents, Dick and Donna Kelley.

Easter weekend guests of Betty Hafer were Bob Payton, Colorado Springs, and Becky Henry, Bralyn, Bryce and Brandon of Holcomb.

Easter dinner guests of Kevin and Mary Holle were Georgia Bauer, Pawnee Rock; Jim and Don Hampton and Sophia, Atwood; Miren Bogatzky, and Orrin and Beth Holle and family.

'The Resurrection and the Life'

Is there anything worse than death? Sure, we say that "death is part of life," but it wasn't always that way. Adam and Eve's choice to disobey God in the Garden of Eden brought about the fatal curse for all of us. Since then, maybe we've grown accustomed to death; maybe we've had to.

When I was in high school, it seemed like all my parents' friends were dying young. For a few years, we went to a lot of funerals. I got to thinking about the music I'd want at my funeral. Several years later, a friend said, "Um, shouldn't you be planning your wedding?" It hadn't occurred to me that maybe it was unusual for a healthy young woman to be planning her funeral instead of her wedding. But even if I hadn't watched my parents grieve in those years, I would have encountered the finality of death eventually. We all do. Sometimes we encounter death from a safer distance, but sooner or later it hits our own homes.

Mary and Martha were weighed down with fresh grief when Jesus finally showed up in (John 11). They had just buried their brother, Lazarus. But the loss was more terrible because they knew that Jesus could have healed Lazarus, but he did not come in time when

they sent for him. Then, to everyone's astonishment, Jesus raised Lazarus from the dead, even though he had already been in his tomb for four days.

But when he grew older, Lazarus died again. Everybody does. It's in the midst of the reality of death that we encounter Easter. And thank God. I don't know about you, but I need more than family get-togethers and artificially-colored marshmallow chicks. I need something strong enough to answer death.

Jesus said to Martha, when she was still in the midst of her pain, "I am the resurrection and the life. The one who believes in me will live, even though they die" (John 11:25).

Soon after this visit, Jesus himself died. Then God raised him from the dead, and now, "death has been swallowed up in victory" (1 Corinthians 15:54). When Jesus called himself "the resurrection and the life," he wasn't just talking about what would happen to dead Lazarus, he was talking about the living hope (1 Peter 1:3) available to all who believe. This month we'll explore what it means to be alive in the living Christ.



Sharon Nelson
Oberlin Covenant

Schedule of Oberlin and area church services:

<p>OBERLIN SACRED HEART CATHOLIC CHURCH 785-475-3103 Fr. Mark Berland, MASS: 10:30 a.m. Sunday IMMACULATE CONCEPTION CATHOLIC, LEOVILLE Fr. Mark Berland, MASS: 8 a.m., Sunday.</p>	<p>UNITED CHURCH OF OBERLIN Pastor: Judi Stricker 109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship</p>	<p>LYLE UNITED METHODIST Guest Speakers every Sunday SUNDAY: Morning Worship 9 a.m.</p>	<p>FAITH LUTHERAN CHURCH 404 North York Avenue Oberlin, Kansas The Rev. Charlotte Strecker-Baseler Church Office Phone: 785-475-2053 SUNDAY: Worship, 10:00 a.m.; Fellowship and Educational Hour, 11:15 a.m. Holy Communion first and third Sundays. THURSDAY: Women's Bible Study second Thursday at 9:30 a.m.</p>
<p>SACRED HEART CATHOLIC, SELDEN Fr. Mark Berland, MASS: 5:30 p.m. Sunday</p>	<p>OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist) Pastor: Gene Gee SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,</p>	<p>EVANGELICAL COVENANT CHURCH OF OBERLIN Pastors: Chris and Sharon Nelson 810 West Cedar, Oberlin Office Phone 785-475-2769 SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.</p>	<p>LUND COVENANT CHURCH Pastor Roy Matthewson 10 miles south, 4 miles west of Oberlin. Sunday: Sunday School 10am Worship 11 am "The Difference is worth the Distance" facebook.com/LundCovenantChurch</p>
<p>JENNINGS-DRESDEN UNITED METHODIST CHURCH Pastor: Barbara Patterson SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m. DRESDEN SUNDAY: Morning Worship, 9:30 a.m.</p>	<p>CLAYTON UNITED METHODIST Pastor: Ed Woods SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.</p>	<p>ST. JOHN'S LUTHERAN CHURCH 510 North Wilson Interim Pastor: Brad Rick SUNDAY: Sunday School and Bible class, 9:45 a.m.; Divine Worship Service, 8:30 a.m.; Holy Communion: 1st and 3rd Sundays..</p>	
<p>PRAIRIE CHAPEL UNITED METHODIST The Rev. Nancy Proffitt SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.</p>	<p>OBERLIN CHURCH OF CHRIST South Beaver Street - Oberlin Bill Duncan — Phone 785-475-3259 SUNDAY: Fellowship and coffee time; 10:00 a.m. Praise and Worship time, with Weekly Lords Supper, Multi-media Bible sermons & open bible studies combined. Private Bible studies on request.</p>	<p>ST. MARY'S CATHOLIC, HERNDON Fr. Nick Parker Phone 785-322-5560 MASS: SUNDAY and THURSDAY 8:30 a.m.</p>	<p>Paul's FUNERAL HOMES A Trusted Name Since 1925. Phone: 785-475-3127 — Oberlin 785-386-4311 — Selden Derek Riner Rick and Dori Pauls</p>
<p>HERNDON IMMANUEL UNITED CHURCH OF CHRIST Pastor: Dennis Brown SUNDAY: Morning Worship, 9 a.m.</p>	<p>HERNDON COVENANT CHURCH Pastor: Keith Reuther Phone 785-322-5316 SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.</p>	<p>NORCATATUR UNITED METHODIST Pastor: Ed Woods SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.</p>	
<p>OBERLIN ASSEMBLY OF GOD The Rev. Royce Leitner SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.</p>			

Decatur Health Systems

By Becky Wilson

I can't tell you how happy I was to see everyone gathered together last week at our Spring Fling.

The employees outdid themselves in preparing all manner of chocolate treats — the chocolate-covered bacon was a particular hit — and the lobby was crowded with everyone who came on by to say "Hi" to Dr. Robert Rosin, Dr. Allen Hooper and Johnathan Owens, our new chief executive.

Our lab people went to a lot of work in putting the afternoon together, and it was great to see so many familiar faces from around town there to appreciate it.

If you didn't have a chance to make it to the open house and see Dr. Hooper, though, don't worry. We've been excitedly waiting for this ever since it was announced that he'd be coming here full time, and now that it's April, the waiting is over. Dr. Hooper is going to be here every week from now on — you can schedule clinic appointments with him every Wednesday, Thursday or Friday.

Speaking of making appointments: any day of the week would be a good choice to make one for a

student needing their spring physical. Now that the weather's turned nice, it seems like everyone I know is itching to get back outside, and a physical is a good idea for both kids and adults before diving into outdoor exercise season.

We're also working on events to take advantage of the warmer weather.

The annual Community Walk will be on Friday, May 16. We'll be putting our walking shoes on and heading out to Sappa Park from 4 to 7 p.m. to walk together and enjoy the countryside.

It's a bit further out, but work is also underway on the 13th annual hospital golf tournament and benefit on Saturday, Aug. 17. A few teams have already signed up, and we'll be sending information out to former teams about getting on board soon.

If you've never had the chance to play in our tournament and would be interested, call Natasha Weishapl in the business office at 475-2208 and she'll get you what you need, or just keep an eye on this column. I'll be mentioning the tournament again in the months ahead.

Need a Ride?

Call Decatur General Public Transportation Service available in Decatur County.

Monday-Friday 8:00-5:00
Call 475-8100 to schedule a ride.
Funded by the KDOT Public Transit Program and the County of Decatur

