

# Mount Pleasant News

By Dianne Bremer

Ralph and Norma Unger returned home April 1 from Bland, Mo., after a visit with their daughter and family, Dr. Rachelle and Bob Gorrell, Connor and Logan. They celebrated Easter and Logan's ninth birthday which fell on Easter Sunday.

Jennifer Harshman and Isaac, Cedar Point, arrived Wednesday at the home of her parents, Richard and Anna Shaw, to spend a few days visiting her parents, grandparents, Ralph and Violet Shaw; the Joel Shaw family, and other family and friends, returning home Sunday afternoon.

Martin and Evelyn May were guests of Greg and Janice Cundiff for dinner Saturday evening at an area restaurant to celebrate Martin and Evelyn's 66th wedding anniversary which was April 6.

Brad and Melody Euhus, Carol Stream Ill.; Robert and Dana Morton, Coffeyville; Mike and Gail Harvey, Lamar, Colo.; Zeb Harvey, student at Fort Hays State University, and Paul and Kelly Shields and Caitlin were Saturday evening

supper guests of Gaylord and Shirley Shields. Kent and Diana Euhus were unable to attend. Brad, Dana, Gail, and Kent are children of the late Stuart and Martha Euhus.

Regional Music Festival was held Saturday at Decatur Community High School. Oberlin students did very well and should be commended for their hard work and talent. Among those from Oberlin participating and qualifying for State Music were Alexandra Waterman, Hannah May, Elizabeth Nedland, Cassidy Shields, Caitlin Shields, Ryan May and Zach May. Alexandra's clarinet and vocal solos received I ratings; Hannah's flute solo, woodwind trio, woodwind ensemble, and girls ensemble received I ratings, and her vocal solo received a II rating; Elizabeth's vocal solo and French horn solo received I ratings; Cassidy's vocal solo and girls trio received I ratings, Caitlin's drum ensemble received a I rating, Ryan May's vocal ensemble received a I rating, and Zach's vocal solo and men's quartet both

received I ratings. DCHS Singers, of which Hannah, Elizabeth, Cassidy, Ryan, and Zach are members, also received a I rating.

Sunday noon dinner guests of Ralph and Violet Shaw were Richard and Anna Shaw, Joel and Tami Shaw and Dante, and Jennifer Harshman and Isaac.

Editors of the 2013 Decatur Community High School yearbook are Cassidy Shields and Mika Hackney. Also on the yearbook staff are Kaylee May, Taylor Macfee, Meghan Gault, Lara Zodrow, Jamie Soderlund and advisor, Brenda Breth.

Decatur Community High School 2013-2014 Student Council officers are Jalyn Shaw, President, Kyle Breth; Vice-President, Hannah May; Secretary, Kennedy Fortin, Treasurer; and Kelly Brown, officer at-large.

Rowan Bremer was a guest of her grandparents, John and Dianne Bremer, Friday morning through Sunday afternoon while her mother was out of town.

# Breakfast for healthy kids

Do you want your children or grandchildren to be less distractible, better behaved and get along better with other children? Then be sure they eat breakfast!

Research shows that children and teens who eat breakfast are more ready to learn, and they do better on the playground and in sports, too. They have improved math, reading and standardized test scores.

Breakfast eaters pay more attention and stay more alert in class. They are better at solving problems, can remember facts more quickly, make fewer mistakes, and are less likely to have to repeat a grade. In short, eating breakfast will give your child or grandchild a healthy start.

Nutritious foods power up the brain and the rest of the body. Look for options that are high in fiber and



## Home Time

By Tranda Watts  
Regional Extension Agent

other nutrients, but are low in added sugars. People of all ages who skip breakfast are not likely to make up for the nutrients that they missed eating in the morning. On average, breakfast eaters get more calcium, dietary fiber, folate and protein each day than people who do not eat breakfast.

Unless your child or grandchild participates in a breakfast program at school, do your best to provide healthy food choices at home each

morning. Encourage him or her to eat breakfast every day. Your help will give your youngster advantages that will last for life.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at (785) 443-3663 or e-mail trawatts@ksu.edu. For information, contact the Decatur County office of Twin Creeks Extension, 475-8121.

# Jennings News

By Louise Cressler

Don't forget to put the Jennings clean-up day on your calendar for Saturday, April 20. Please contact Marge Hartzog, 678-3010, for projects you need assistance with or to suggest projects that would improve the looks of our community. The Broken Wheel Bar and Grill will be open at 10 a.m. to receive your contributions to the potluck meal. Please bring small tools. Tractors, loaders, trucks, etc. will also be greatly appreciated.

There will be a Donna Day Workshop from 9 a.m. to 4 p.m., Saturday, April 20, at the Cottonwood Ranch sponsored by Donna Farber Mowry and the Friends of Cottonwood Ranch, Studley. Classes include crocheting, needle felting, and rug hooking. Class size is limited to 10. For more information and to register call: (785) 675-4651 or (785) 675-8362.

The Northwest Kansas Library System donated \$100 in honor of Helen Rhodes' services to the Jennings library. The donation will be used to buy books for the library. The community would like to thank Helen for her years as librarian and for the years she served on the executive committee of the Northwest Kansas Library System.

Those enjoying card playing at the Sunflower Senior Center Wednesday were: Agnes Wahlmeier, Eleanor Morel, Carol Carter,

Linda Spresser, Diane Carter, Stan and Ramona Shaw, Wayne and Louise Cressler.

Bob and Neoma Tacha enjoyed Sunday dinner at the home of Royal and Gayle Tacha, Hoxie. Roger and Peggy Tacha, Oakley; Micheal and Ashley Brown, Bryna, Aden, and Tyler of Norton also enjoyed the day at their home.

Sunday evening Wayne and Louise Cressler received some pictures of the hail storm at Bison from our son, Russell Cressler. Also on the evening news, a lady from LaCrosse sent similar pictures to the Kansas State Network. We missed out on the rain but thankful we didn't have the hail.

Supper guests of Lila Jennings Friday evening were Loren and Phyllis Harris, Salina; Betty and Patti Harris, Delray Beach, Fla.; Pam Harris Page, Florida; Sheryl Thomas and John Rohwer, Omaha; and Imogene Keenan. On Saturday, the group was joined by Wanda Harris, Sam and Trudy Abboud, and Denise Rohwer, Omaha, and Gene and Rosalee Price, Princeton, N.C.

The Jennings Museum Board met Thursday in the Royal Neighbor Hall of the Museum. President Neoma Tacha called the meeting to order with directors Bob Tacha, Lila Jennings, Dean Gawith, Mary Wahlmeier, and Doyle Brown present. The minutes of the last meeting

and the treasurer's reports were given and approved. The outside building is almost completed and the cement work for the sidewalks will be done soon.

Thanks to Jeff and Nick Wahlmeier for bringing showcases from the Shimmick building to the museum. We also thank Dalene Gawith for updating our brochure. Mary Wahlmeier, and Bob and Neoma Tacha reported about the museum to the Oberlin Rotary recently.

We recently received a memorial for Ethlyn Bainter Tacha and John Bremer donated a hand-made knife of Fred Bremer's which was made by Doug Foster in 1920 from an old file. Steve Hartzog has donated a copy machine to the museum. We appreciate all the community support.

The next museum board meeting will be at 2 p.m., Wednesday, May 2. The public is welcome.

# Midway News

By Mary Lou Olson

Girls Night Out will start at 6 p.m. Friday at the Herndon Covenant Church. All women are invited.

Richard and Maureen Anderson were in Kearney Neb., over the weekend for the 2013 Midwest Classic Nationals for wrestling. Their sons, Chris and Gabe, were part of the Western Kansas team. Chris placed sixth in the tournament and the team placed first.

Matt Hill, Longmont, Colo.; and Joye Hill, Jerry Hill and Donna Garrison, all of Norcatour, visited Saturday afternoon at the home of Steve and Arian Arnold, then they all enjoyed supper at Roger's Bar and Grill in Herndon.

Noah and Susannah Jones of Estes Park, Colo., visited over the

weekend with Roger and Melinda Carlson, Ben and Mariah Grafel and Clara, and Josiah and Mandi Jones, Ryan and Emma.

Gary and Mary Ann Erickson returned home last Tuesday from Gold Canyon, Ariz., where they had spent the winter months. En route home, they visited their daughter and family, Debbie and Dale Withington, Hana, Ellie and Chloe, in Chetopa over Easter. Hana is teaching in Wellington.

Elden and Detta Anderson, Richard and Maureen Anderson, Chris and Gabe and Gary Anderson had dinner at the Frontier Cafe on March 26 to honor Richard, Maureen and Gary Anderson on their birthdays.

# Norcatour News

By the Norcatour News Committee

The City of Norcatour received a generous grant from the Hansen Foundation in Logan for \$15,000 to help with the school roof project. With that and other donations, they still are \$5,000 short of the goal to get the peaked roof done.

The Norcatour Library received the 2013 Kansas Book Festival Grant for \$1,000 to be used to purchase books.

The new schedule for the Norcatour Outreach Clinic will be from 9:30 a.m. to noon on Thursday, and again on Thursday, April 25 with Lynnette Ward at the City Building. You may be seen for illnesses, blood draws, blood pressure checks, etc. You can schedule appointments here. Walk-ins are always welcome, but scheduling by calling (785) 475-2015, is preferred.

Martha (Dick) Schiewe of Fort Collins, Colo., writes that her husband is teaching math at Laramie County Community College in Cheyenne, three days a week after retiring from a 29-year career with Hewlett Packard. She is a home specialist at J.C. Penney in Fort Collins. They celebrated their 40th wedding anniversary with a cruise

through the Panama Canal.

Senior citizens will play pinochle at 1 p.m. Thursday in the Methodist Educational Building. They met on March 29 for a potluck dinner with 14 present to play cards. Winners were Kay Foth, Gust Foth and Terry Gade.

There was a park full of kids, parents, grandparents and onlookers for the first Easter Egg Hunt in Norcatour at the Eldlen Auker Park on March 30. It was sponsored by the volunteer fire department and around 30 kids attended. A free matinee, "The Easter Bunny is Comin' to Town," was enjoyed at the City Building, along with a tour of the library.

Happy Birthday to Patrick Shirley, Matt James, April 3; Sherri Regal, Terry Gade, April 7; Margaret Magers, April 8.

Beginning April 28, outgoing

mail needs to be at the Norcatour Post Office by 11:40 a.m. to meet the processing schedule since the mail is now handled in Wichita.

Wava Reames was a guest of Ruby Pflieger for Easter dinner. Shawnda Hall left Thursday evening for Oklahoma, where she spent Easter weekend with family and friends. She returned Sunday evening.

Jeff Magers and Joy Luota, Cedar Bluffs, and Chris, a co-worker of Jeff's, visited Rea and Dee Magers last Saturday. They brought pizza for lunch, played Scrabble, then enjoyed ice cream and cake.

On Easter Sunday, Bee Nelson, Dorothy Ward, Joyce Price, Pastor Woods and wife Linda, and Rea and Dee Magers met at Jerry's Bar and Grill in Norcatour for a visit and a buffet of fried chicken and all the trimmings.

Sell it in the classifieds.  
475-2206

# Born right the first time?

There have been many responses to the 1970s "Born Again" bumper stickers, including "Born Right the First Time." They have a point. If we believe in a loving Creator, we ought to be satisfied with the miracle that is birth — regular old, natural birth.

No wonder Nicodemus was confused when Jesus told him he needed to be "born again" (or the equally legitimate translation of the original: "born from above"). In John 3:1-21, Nicodemus, the respected religious leader, came to talk to Jesus at night. At first, Nicodemus took Jesus literally, and scoffed at the idea of a grown man entering his mother's womb again. Jesus elaborated, "No one can enter the kingdom of God without being born of water and the Spirit. (3:5)" Not putting down our first birth or our Creator (or our mothers!), Jesus points out the need for a different kind of birth. We need to be born into a new life that involves baptism and the Holy Spirit. How? Jesus tells Nicodemus about believing in him, repeating the word seven times in so many verses (3:12-18). Jesus doesn't just want Nicodemus to believe that he exists (certainly Nicodemus already believed that much), but Jesus wants Nicodemus to trust in him and

be fully committed to him.

In the Evangelical Covenant Church, we affirm the necessity of the new birth. This is one of our core beliefs. This emphasis came from the Sweden days, in a very different context from our own. Sweden had a State Church, so every baby was baptized as a matter of civic business. Everyone was a member of the church, whether or not they believed in anything or desired to be a member. The first Covenanters felt it was important for God matters to be a whole lot more personal than that.

As in Sweden, it's not enough to be born into a "Christian nation." As with Nicodemus, it's not enough to be a prominent religious leader and teacher. Our grandparents' faith is not quite enough. New birth in Christ is not automatically inherited from nation, family or even church. We must entrust ourselves to Jesus so that we can be born into his family.

Jesus is alive — whether you do anything about it or not. The question is, have you been born into his life?



Sharon Nelson  
Oberlin Covenant

# Schedule of Oberlin and area church services:

**OBERLIN SACRED HEART CATHOLIC CHURCH**  
785-475-3103  
Fr. Mark Berland,  
MASS: 10:30 a.m. Sunday  
**IMMACULATE CONCEPTION CATHOLIC, LEVILLIE**  
Fr. Mark Berland,  
MASS: 8 a.m., Sunday.

**SACRED HEART CATHOLIC, SELDEN**  
Fr. Mark Berland,  
MASS: 5:30 p.m. Sunday

**JENNINGS-DRESDEN UNITED METHODIST CHURCH**  
Pastor: Barbara Patterson  
SUNDAY: Church School, 10 a.m. Morning Worship, 11 a.m.  
**DRESDEN**  
SUNDAY: Morning Worship, 9:30 a.m.

**PRAIRIE CHAPEL UNITED METHODIST**  
The Rev. Nancy Proffitt  
SUNDAY: Church Services, 9 a.m.; Sunday School, 8:30 a.m.

**HERNDON IMMANUEL UNITED CHURCH OF CHRIST**  
Pastor: Dennis Brown  
SUNDAY: Morning Worship, 9 a.m.

**OBERLIN UNITED METHODIST**  
102 North Cass — 785-475-3067  
The Rev. Nancy Proffitt  
SUNDAY: Church School, 9:30 a.m.; Morning Worship, 10:45 a.m. (Nursery provided.) WEDNESDAY: Praise team practice, 8 p.m.

**OBERLIN ASSEMBLY OF GOD**  
The Rev. Royce Leitner  
SUNDAY: Sunday School, 10 a.m.; Morning Worship, 11 a.m.; Evening Worship, 7 p.m. WEDNESDAY: Adult Bible study, 7 p.m.

**UNITED CHURCH OF OBERLIN**  
Pastor: Judi Stricker  
109 North Griffith-American Baptist, Disciples of Christ, Presbyterian USA  
SUNDAY: Adult Sunday School, 9:30 a.m.; Coffee: 10:30 a.m. - 11 a.m. Worship Service, 11 a.m. Choir practice every Sun. at 9:45 a.m. Holy Communion, 1st & 3rd Sundays. United Church Women, 2nd Wed at 2 p.m. Parish Council, 2nd Sun. following Worship

**OBERLIN COMMUNITY FELLOWSHIP (Southern Baptist)**  
Pastor: Gene Gee  
SUNDAY: Sunday School, 9:30 a.m.; Morning Worship, 10:30 a.m., WEDNESDAY: Service, 7 p.m.,

**CLAYTON UNITED METHODIST**  
Pastor: Ed Woods  
SUNDAY: Sunday School, 10 a.m.; Worship Service, 11 a.m.

**OBERLIN CHURCH OF CHRIST**  
South Beaver Street - Oberlin  
Bill Duncan — Phone 785-475-3259  
SUNDAY: Fellowship and coffee time; 10:00 a.m. Praise and Worship time, with Weekly Lords Supper, Multi-media Bible sermons & open bible studies combined. Private Bible studies on request.

**ST. MARY'S CATHOLIC, HERNDON**  
Fr. Nick Parker  
Phone 785-322-5560  
MASS: SUNDAY and THURSDAY 8:30 a.m.

**HERNDON COVENANT CHURCH**  
Pastor: Keith Reuther  
Phone 785-322-5316  
SUNDAY: 9:45 a.m. Morning worship, 11 a.m. Youth group, 4 p.m.

**NORCATOUR UNITED METHODIST**  
Pastor: Ed Woods  
SUNDAY: Worship Service, 10 a.m.; Church School, 10:30 a.m.

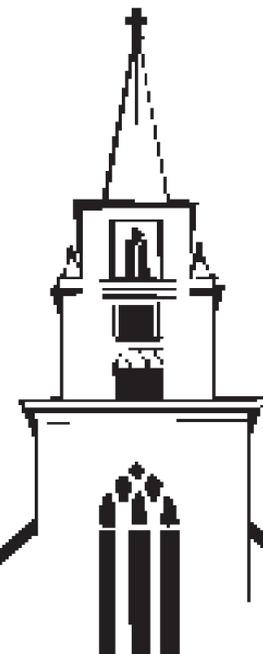
**LYLE UNITED METHODIST**  
Guest Speakers every Sunday  
SUNDAY: Morning Worship 9 a.m.

**EVANGELICAL COVENANT CHURCH OF OBERLIN**  
Pastors: Chris and Sharon Nelson  
810 West Cedar, Oberlin  
Office Phone 785-475-2769  
SUNDAY: Worship Service, 9:30 a.m.; Fellowship Time, 10:30 a.m.; Sunday School, 11 a.m. WEDNESDAY: Bible Study, 7 p.m.

**LUND COVENANT CHURCH**  
Pastor Roy Matthewson  
10 miles south, 4 miles west of Oberlin.  
Sunday: Sunday School 10am Worship 11 am "The Difference is worth the Distance" facebook.com/LundCovenantChurch

**ST. JOHN'S LUTHERAN CHURCH**  
510 North Wilson  
Interim Pastor: Brad Rick  
SUNDAY: Sunday School and Bible class, 9:45 a.m.; Divine Worship Service, 8:30 a.m.; Holy Communion: 1st and 3rd Sundays..

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